



(Report No: G/22/10)

Minute

P & K HSCP Strategic Planning Group

Minute of the above meeting held on **23rd November 2021 at 1pm via Microsoft Teams** (Recorded for minute purposes only)

Present

Gordon Paterson	Chief Officer/ Director, HSCP (Chair)
Zoe Robertson	Interim Head of ASW&SC - Commissioning (Vice Chair)
Kenny Ogilvy	Interim Head of ASW&SC Operations
Evelyn Devine	Head of Health
Colin Paton	Communication and Improvement
Alison Fairlie	Service Manager
Angie McManus	AHP Lead
Sandra Young	Tayside Services Manager, Supporting Mind Scotland
Bernie Campbell	Carer Rep & IJB Rep
Chris Lamont	Locality Manager
Amanda Taylor	Locality Manager
Raymond Jamieson	Young Carers' Rep (PKAVS)
Lynn Blair	Local Integration Lead (Scottish Care)
Maureen Taggart	Alzheimer Scotland/Older People
Sandra Auld	Service User Rep & IJB
Angie Ferguson	Perth Autism Support/ Autism Rep
Melvyn Gibson	Carers' Rep
Ian McCartney	IJB Rep
Ingrid Hainey	Hillcrest Futures/Substance Use Rep
Jillian Milne	Chief Executive, Mindspace/Third Sector Forum
Karyn Sharp	Service Manager

Apologies

Bill Wood	Sense Scotland/Learning Disability Rep
Maureen Summers	Chair of Carers' Voice & Carers' Representative on IJB
Lyndsay Glover	Staff Lead representative NHS Tayside
Sarah Dickie	Associate Nurse Director NHS Tayside
Rob Hughes	Hillcrest Homes
Danny Smith	GP
David Stokoe	CPP
Elaine Ritchie	Housing and Communities
Clare Gallagher	

1.	Welcome	ACTIONS
	GP welcomed everyone to the meeting.	
2.	Minutes from last meeting: 31 August 2021	
	Minutes were approved as an accurate record.	
3.	Learning Disability and Autism Delivery Plan	
	<p>KO talked to the presentation on Learning Disability and Autism Delivery Plan.</p> <p>Over the next 3 years. Autism and Keys to Life Strategy Group will continue to improve services and supports. Key areas for development are improving support for complex needs – Complex Care Transformation Programme (6 workstreams). Provide a high quality of support to allow for earlier intervention to maximise independence and to address underlying cause of behavioural issues. This can reduce the need for expensive and intrusive interventions.</p> <ul style="list-style-type: none"> • SCOPE – multi disciplinary team incl: Psychology, Occupational Therapy, Physical Therapy, Social Work, Outreach Workers • Overnight Responder Service – currently over 100 people supporting overnight in Perth & Kinross. • Day Opportunities, Respite – lifelong learning and the ihub collaboration, respite provision has been reviewed and consultation has taken place with service users and carers • Transitions – processes for young people moving into adulthood supported are being reviewed and improved by young people, family, carers, and professionals. Work is supported by good principles • Positive Behavioural Support across Perth & Kinross – helps identify underlying causes and ways to address them without physical restraints. Work has commenced with an independent sector organisation to provide training and support • Core and Cluster Models has been identified – preferred option by people from a recent consultation. Where people have independent tenancies and staff accommodation nearby. Looking at developing 8 core and cluster projects across Perth and Kinross from mild to more complex requirements. This first project will commence early 2022 <p>ZR to provide MG with further information on a contact for a Third Sector Organisation who specialise in Autism.</p> <p>ED queried the transition period and how much involvement is there with CAMHS. Perth Autism Support confirmed that they provide</p>	

	<p>support once the CAMHS support ends. It was noted that this could be improved.</p> <p>SY advised Supporting Minds Scotland Tayside Services have expanded which now host a See You Through Service which will work with CAMHS. They are planning to work with CAMHS for the first 6 weeks. About to start a consultation with young people to find out what matters to them.</p>	
4.	Older People Strategic Delivery Plan	
	<p>ED discussed the 3-year Older People Strategic Delivery Plan. For Older People's services they set it in the context of the global pandemic and still trying to work through the impact of the pandemic. Increasing number of frail older people living with multiple, complex, and fluctuating conditions so it is taking longer to support, assess and treat. Continue to deal with capacity issues around community teams. Although working toward winter resilience, still in the process of this. There is a real need to support out of hours periods including evening and overnight services. There is a rise in admissions and readmissions.</p> <p>It was noted that there will still be demands on the budget during the next 3 years.</p> <p>ZR advised that they have commissioned 9 care homes to deliver on 2 interim placement beds which is spread across the 3 localities. The history of interim placements was not necessarily successful in the past. The extra funding from Scottish Government is bolstering support around the placements through Live Active Leisure and RVS. LInCs Team will support the Advanced Nurse Practitioner who will support clients in the care home. Enhanced support to ensure reablement support before people are institutionalised in the care home.</p> <p>RJ advised that there have been workshops on Dementia training over the last few weeks and is always fully booked. Clearly a topic that people are looking for support with.</p> <p>MT mentioned the Dementia Advisors do a lot of work with carers around carers support as do the link workers. When people have a new diagnosis, support is also provided to the family around education and training. Conditions can be more advanced by the time people are diagnosed.</p> <p>MG would like to see care home staff to get extra training on dementia.</p> <p>ZR advised that it is on an individual risk assessment and looking at the capability of the care home. People won't be moved randomly to</p>	

	<p>a care home just because it is in their locality. It is mandatory that staff have appropriate level of training. Also developing the Enhanced Care Home Team along with and Clinical Educator role. There will be dual skills between Mental Health and general practice.</p> <p>Hospital at Home service is a physical health service and specialist Doctor ANP, AHPs. Recently recruited to Advanced Practitioner Nurse roles for Mental Health.</p> <p>GP discussed how different initiatives are being taken forward. In each of the delivery plans, it forms the discussions with NHS Tayside and Perth & Kinross Council around funding in terms of investing in these services.</p>	
5.	Mental Health & Wellbeing Strategic Delivery Plan	
	<p>CL discussed the next 3-year strategic plan and strategy around Adult Mental Health provision in Perth & Kinross. The next process is the IJB Development Day where the wider strategy will be discussed. Hopefully next Wednesday the strategy will be approved by the IJB.</p> <p>The key priorities:</p> <ul style="list-style-type: none"> • Suicide Awareness & Prevention Agenda • Evidence based model of Mental Health Advanced Nurse Practitioners • Connected Compassionate Support • Crisis & Distress Model • Mental Health & Wellbeing Hub • Resilient and Sustainable Workforce <p>A report has come out today from NMC stating that 14,000 nurses have left the NHS between April to September this year alone.</p> <p>CL discussed the 5 key themes on the Action Plan:</p> <ul style="list-style-type: none"> • Good Mental Health for All • Access to Mental Health Services & Support • Co-ordinated Working & Person-Centered Support • Participation and Engagement • Review of Workforce Requirements <p>The key investments:</p> <ul style="list-style-type: none"> • Advanced Nurse Practitioners • Primary Care MHWB Nurses • Community Mental Health teams • Lead GP • Suicide Prevention Coordinator • Distress Brief Intervention • Mental Health Officers • Social Work Assistants 	

- Third Sector Interface (via PKAVS)

IH would like to see information around The Neuk reflected in the strategy.

IM asked if people with Autism or young people that become adults with Autism. What support is available to the parents regarding their children with Mental Health issues. CL advised there is discussions being had with CAMHS at Tayside level.

JM's concern is that all these new posts are being brought in but there is no clarity of the roles. JM feels it is important for the Third Sector to know who does what. The process needs to be simplified to help the right people at the right time. The tools are critical of how the organisations work together and how the system can be navigated.

GP advised that the Scottish Government announced a budget of £120m for Mental Health Services. There was £15m earmarked for Community Mental Wellbeing Fund. GP thought that HSCP would get this money to the partnership to underpin some of the work in the strategy. The Scottish Government decided for the monies to be dispersed in sub sector interface across Scotland. PKAVS have advised that they are receiving this funding. Lori Hughes has asked for a meeting with CL as PKAVS will be dispersing the monies to third sector agencies. CL will be on the group for the sub sector interface where all the applications will be scrutinised. There is no guidance from the Scottish Government to how much can be given to each group. It was noted that the money must be spent by 31 March 2022. The key caveat is that it must not support clinical services. It can look at growing Community Mental Health Responses, Women, LGBT Communities, Older People, and any groups over the age of 16 years. Lori Hughes is pulling together a communication and then a form created for groups to make applications.

GP confirmed the money needs to be spent in this financial year and the monies are not recurring.

JM advised that she received an email from Paul Monaghan but has not heard any further information from PKAVS. It is a difficult ask to the Third Sector as this is for services that these groups already provide.

GP hasn't received the formal funding schedule. It was noted that it would be useful that all would have sight of the schedule.

MG queried what the £300m that was allocated in the recent budget. GP advised the £300m is separate from the funding for Mental Health Services. This money is for Health & Social Care Partnerships to increase the availability and capacity for Care at Home Services which is £1.9m recurring funding. Colleagues are looking at how the

	<p>funding can be used. The challenge remains around recruitment. There is also funding for interim care beds of £1.6m. There is additional funding to uplift the hourly rate of commissioned care at home services to £10.02 per hour to enable Care at Home providers to pay their staff. The remaining monies are for investing in bringing in staff for multidisciplinary teams and for 1,000 extra care workers across Tayside.</p> <p>JM asked what the Action 15 monies are for. GP advised that the Scottish Government are trying to get the 800 additional workers for the areas that are doing well. Perth and Kinross are doing well however clarity is being sought whether it is recurring or non-recurring funding.</p>	
6.	Market Facilitation Plan Presentation	
	<p>ZR talked to the Market Facilitation Plan. The purpose is to set out information that will enable service providers and the HSCP to anticipate what will be required in the future and what must change.</p> <p>Examples of areas for development included:</p> <p>Communities</p> <ul style="list-style-type: none"> • TEC based solutions • Volunteer expansion and coordination • Brokerage • Community co-produced solutions <p>Care at Home - The Care at Home contract is due for renewal mid 2022 through consultation and will be asking providers to deliver services differently. Seeking to develop Outcome Focussed Care at Home delivery through the work already undertaken during the Care at Home review of existing providers and the change of direction.</p> <p>Carers – Interested in exploring the ‘Shared Lives’ model for supporting respite with older people, the model is currently used in Perth & Kinross for adults with learning disabilities.</p> <p>Technology Enabled Care – Developing a remote responder service across Perth and Kinross, the initial focus will be Perth City with a view to broadening out into the rural localities as we build confidence in the system.</p> <p>Mental Health – Developing a mental health and wellbeing hub focusing on prevention and early intervention. There may be potential links to a broader range of services in such a model e.g., addiction support services.</p> <p>Substance Misuse – Perth & Kinross Alcohol and Drug Partnership’s (PKADP) alongside other partners is keen to deliver services from</p>	

	<p>locality hubs to support ease of access for individuals and a joined-up approach by services.</p> <p>Complex Care – The care packages that people receive are increasing as people’s needs increase and a priority for the partnership will be to look at how we can best support increasing numbers of people with complex care needs in the future.</p> <p>Autism – Perth and Kinross Health and Social Care Partnership are working alongside Education Services to deliver the universal pilot ‘Principles into Practice’, which is a framework designed to support transitional experiences of those with additional needs.</p> <p>Learning Disabilities – Employment provides people with an opportunity to be part of their community, be active contributors and feel included. It enables greater choice and control and better life outcomes, including health and life expectancy.</p> <p>Perth & Kinross Health and Social Care Partnership are keen to work with providers in developing and supporting the above projects. ZR to send out the presentation with details of who to approach.</p> <p>MG asked for the Dementia Rannoch Day Centre to be returned for the use of service users with dementia. Also look at the charges. MG advised that there was always a waiting list and as soon as the charges were brought in, there was no longer a waiting list. The charges are difficult for a carer to be paying just for some respite to do their normal activities.</p>	ZR
7.	AOCB	
	No items were discussed.	
<p align="center">Date & Time of Next Meeting 25 January 2022 1pm- 4pm via Microsoft Teams</p>		