



## **Perth and Kinross Integration Joint Board**

**31 July 2020**

### **UPDATE ON DEVELOPMENTS IN MENTAL HEALTH SERVICES**

**Report by Chief Officer/Director- Integrated Health and Social Care  
(Report No. G/20/77)**

#### **PURPOSE OF REPORT**

This report provides the Integration Joint Board with an update on developments across Mental Health Services in Tayside and locally.

#### **1. RECOMMENDATION**

Perth and Kinross IJB Members are asked to;

- Note the developments that are being progressed locally and across Tayside in respect of mental health services.
- Approve the proposal to focus on the delivery of urgent action in response to COVID-19 this year and to thus defer the production and publication of a local Community Mental Health Strategy.

#### **2. BACKGROUND**

- 2.1 Perth and Kinross IJB have requested regular updates on developments in relation to Mental Health Services in Tayside. This reflects the IJB's responsibilities for strategic planning and commissioning and for hosting inpatient services. It also recognises that Mental Health Services in Tayside have been the subject of significant scrutiny over many years, which has highlighted the need for broader and more effective engagement, coordinated strategic planning and urgent operational improvements.

- 2.2 At the IJB in May, the new Interim Director for Mental Health, Kate Bell, presented information on the work that she has been coordinating and advancing. This informed the IJB on the production of a draft action plan 'Listen, Learn, Change' in response to the Independent Inquiry Report and on the scoping and plans for the development of a pan-Tayside Mental Health Strategy. This report provides an update on the progress achieved since and appraises Members of other recent developments in relation to Mental Health Services in Tayside.

### **3. 'LISTEN, LEARN, CHANGE'**

- 3.1 As the IJB was advised in May, recognising the impact of Covid-19 the Scottish Government had agreed to receive a *draft* Action Plan in response to the Independent Inquiry Report. As a result, 'Listen, Learn, Change' was submitted to the Government and Minister on 1 June.
- 3.2 Since then the Programme Team have carried out further engagement to inform the ongoing development of the Action Plan. Evelyne Devine, Head of Health and Chris Lamont, Locality Manager are participating on behalf of the HSCP on the Integrated Mental Health Leadership Group. The HSCP also supported staff and third sector partners to participate in scoping events and to respond to the survey that was issued to inform the further development of 'Listen, Learn, Change'. The next iteration of which will be submitted to the Scottish Government at the end of July.
- 3.3 The Tayside Executive Partners have confirmed that the actions being advanced in response to the Independent Inquiry should be incorporated into the wider Tayside Mental Health and Wellbeing Change Programme.

### **4. TAYSIDE MENTAL HEALTH AND WELLBEING CHANGE PROGRAMME**

- 4.1 To inform the Change Programme the Project Team have held 8 scoping sessions via Microsoft Teams involving around 175 stakeholders. The team have received very good feedback from a range of stakeholders on the format of the sessions with excellent investment and engagement from those who attended. From this around 40 people have volunteered to support the Programme. A report has been produced on the outputs from these scoping events, 'Making A Difference to Mental Health Services in Tayside' and this is attached as an appendix (**Appendix One**).
- 4.2 The proposed Mental Health and Wellbeing Change Programme has a range of different workstreams (**Appendix Two**), with projects sitting below them and links drawn to specific recommendations from the Independent Inquiry Report. The overarching aim is to progress this work, address these recommendations and develop an overarching Mental Health Strategy for Tayside before the end of 2020.

- 4.3 At the next stage of development, leads will be identified for the various workstreams and project plans developed, the resource implications for which are being considered. The Tayside Executive Partners have also asked that further consideration be given to the proposed governance arrangements, to reflect the responsibilities of the Integration Joint Boards across Tayside.

## **5. MINISTERIAL ANNOUNCEMENT**

- 5.1 On 11 March, the Minister for Mental Health Clare Haughey advised parliament that the responsibility for the operational management of Inpatient General Adult Psychiatry would be led by NHS Tayside rather than an Integration Authority. At the recent meeting of the Perth and Kinross IJB's Audit and Performance Committee members queried the implications of this statement and the Chief Officer agreed to update the IJB.
- 5.2 Following discussions with the Scottish Government and the Tayside Executive Partners, it was agreed that the operational responsibility for Inpatient Mental Health and Learning Disability Services, as well as the Crisis Resolution and Home Treatment Teams would transfer to the new Interim Director for Mental Health Services in NHS Tayside, from Monday 15 June.
- 5.3 These operational management arrangements are now in place. In addition, NHS Tayside have formally confirmed that the budget for these services will transfer from Perth and Kinross IJB to NHS Tayside in 2020/21, subject to appropriate due diligence. Full financial information has been provided to support this process and we await confirmation from NHS Tayside of any further information required.
- 5.4 The transfer of responsibility will result in NHS Tayside's Financial Plan and year-end forecast for 2020/21 being updated to incorporate the implications of the transfer of these budgets and to address the significant gap in the Financial Plan. In parallel, the Integration Joint Boards will restate their financial plans by removing their share of this deficit.

## **6. HEALTHCARE INSPECTION SCOTLAND REVIEW REPORT**

- 6.1 Healthcare Improvement Scotland (HIS) carried out a review of Adult Community Mental Health Services across Tayside from January to March 2020. It looked at community services with a particular focus on Community Mental Health Teams in each of the three areas, the Crisis Resolution and Home Treatment Team (CRHTT) based in Dundee and the Home Treatment Team (HTT) in Perth & Kinross
- 6.2 The HIS Review, the first of its kind in Scotland, considered how services are planned, how teams communicate and interface with other services and most importantly, people's experience of care from accessing and using the service. The final report from the Review was published on Thursday 16 July and can be found here  
[http://www.healthcareimprovementscotland.org/our\\_work/governance\\_and\\_assurance/programme\\_resources/tayside\\_mental\\_health\\_jul\\_20.aspx](http://www.healthcareimprovementscotland.org/our_work/governance_and_assurance/programme_resources/tayside_mental_health_jul_20.aspx)

- 6.3 NHS Tayside and the three Health and Social Care Partnerships in Angus, Dundee and Perth and Kinross have welcomed the Review and committed to ensure that the actions and recommendations set out in the report are progressed through the improvement work already under way across mental health services Tayside. This HIS review coincided with the publication of 'Trust and Respect' and some of the recommendations are consistent with Dr Strang's findings and are being addressed through the 'Listen, Learn, Change' to improve mental health services across Tayside.

## 7. PERTH AND KINROSS HSCP DEVELOPMENTS

- 7.1 *Covid-19 Remobilisation*; An earlier report on today's agenda outlines the HSCP's response to COVID-19 and the redesign and remobilisation of services. This includes developments in respect of Mental Health and Members are asked to refer to that report, in this regard.
- 7.2 *Community Mental Health Strategy*; At its meeting on the 6 November the IJB received a report on the redesign of community mental health services in Perth and Kinross and the proposed development of a Community Mental Health Strategy. Inevitably, the HSCP's plans in this regard have been impacted on by the pandemic and, as referenced above, the focus of our activity has been on delivering a swift response and on remobilisation. In this context and given the development of a Mental Health Strategy for Tayside, the HSCP intends to focus on delivering actions around urgent service development and response this year and proposes to revisit longer-term strategic plans in the next financial year.
- 7.3 *Action 15*; Members raised several queries at the May IJB and at the June Audit and Performance Committee on the services that have been commissioned through the Action 15 funding we have received from the Scottish Government. This funding is available over a four-year period with the aim of increasing capacity and delivering improvements in mental health services. It has been committed in order to increase the mental health workforce by 800 workers, with the Perth and Kinross share to be a minimum of 21.8 new workers by the end of the funding period in March 2022. A summary report on the commitments made in by Perth and Kinross HSCP is included as an appendix to this report (**Appendix Three**).

## 8. CONCLUSION

- 8.1 COVID-19 has had a significant impact on the delivery of services and on the progress that we had intended to make locally and across Tayside on achieving service improvements, more integrated working and on strategic development. Despite this, delivering improved mental health services remains a key priority for the statutory partners and wider stakeholders.

- 8.2 This report provides an update on developments that have been progressed over recent months and seeks to assure IJB Members of the priority that we continue to give to mental health service delivery and development. While COVID-19 has had an impact, it has also been a catalyst for some improvement and for developments, on which the HSCP are committed to continue to build.

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**NOTE:** No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.