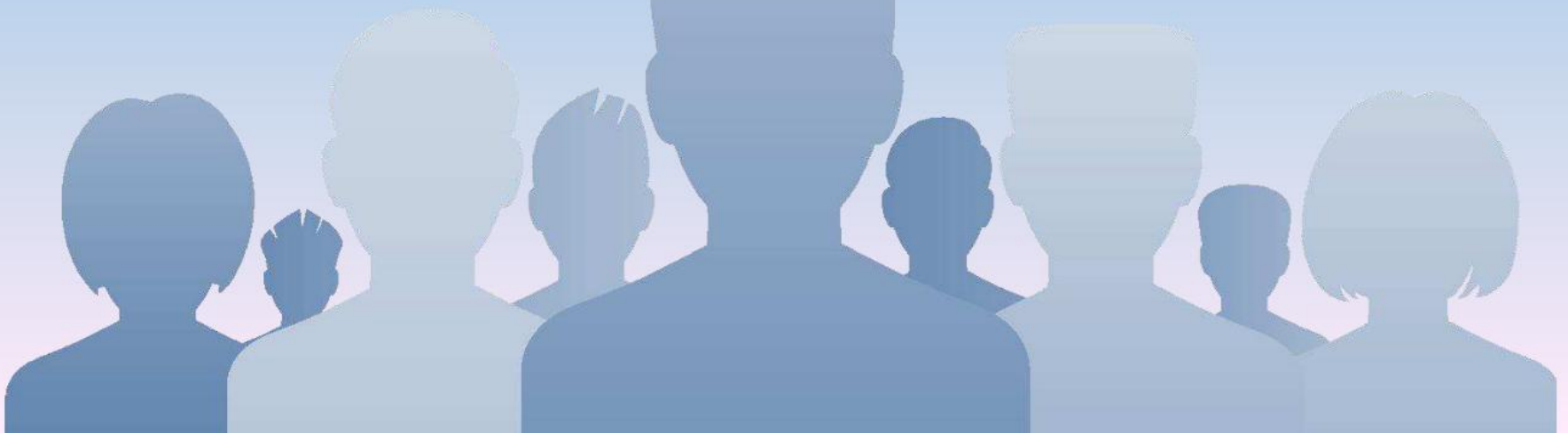




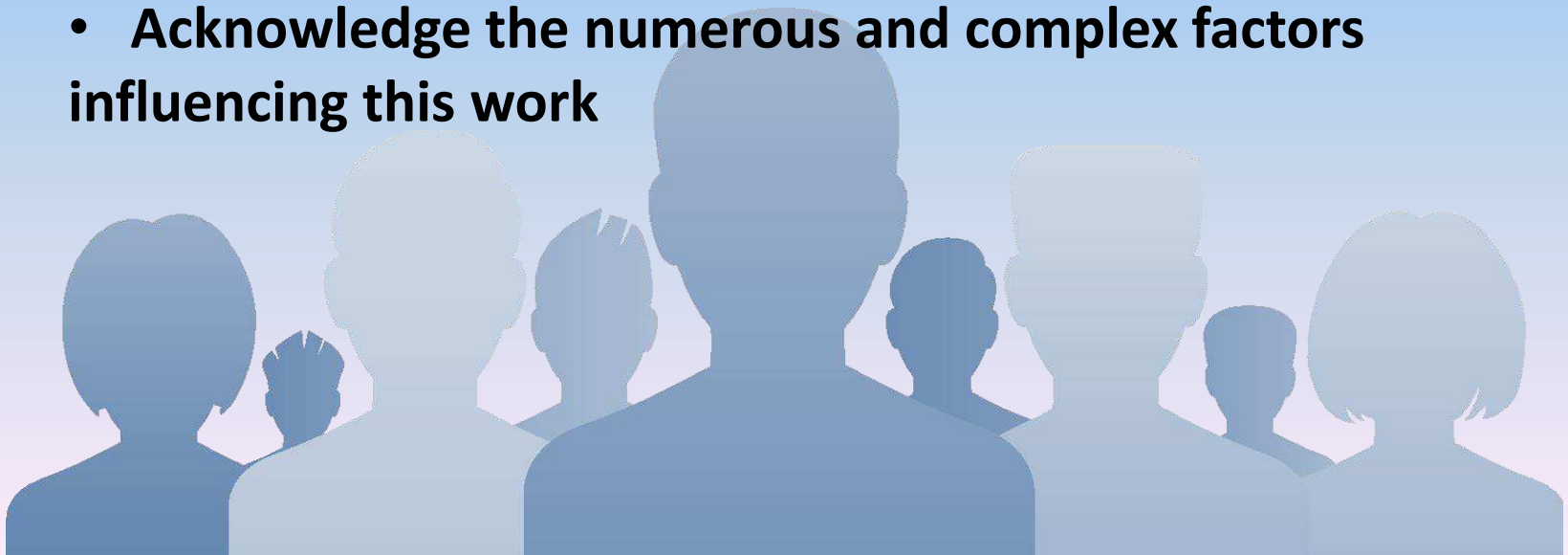
Annual Update on Community Adult Mental Health Strategy

Chris Lamont
Senior Service Manager – Mental Health



Recommendation

- **Note the local and pan Tayside developments that are being progressed in accordance with our CMHWB Strategy and approve its continuation and direction for year 2.**
- **Acknowledge the numerous and complex factors influencing this work**



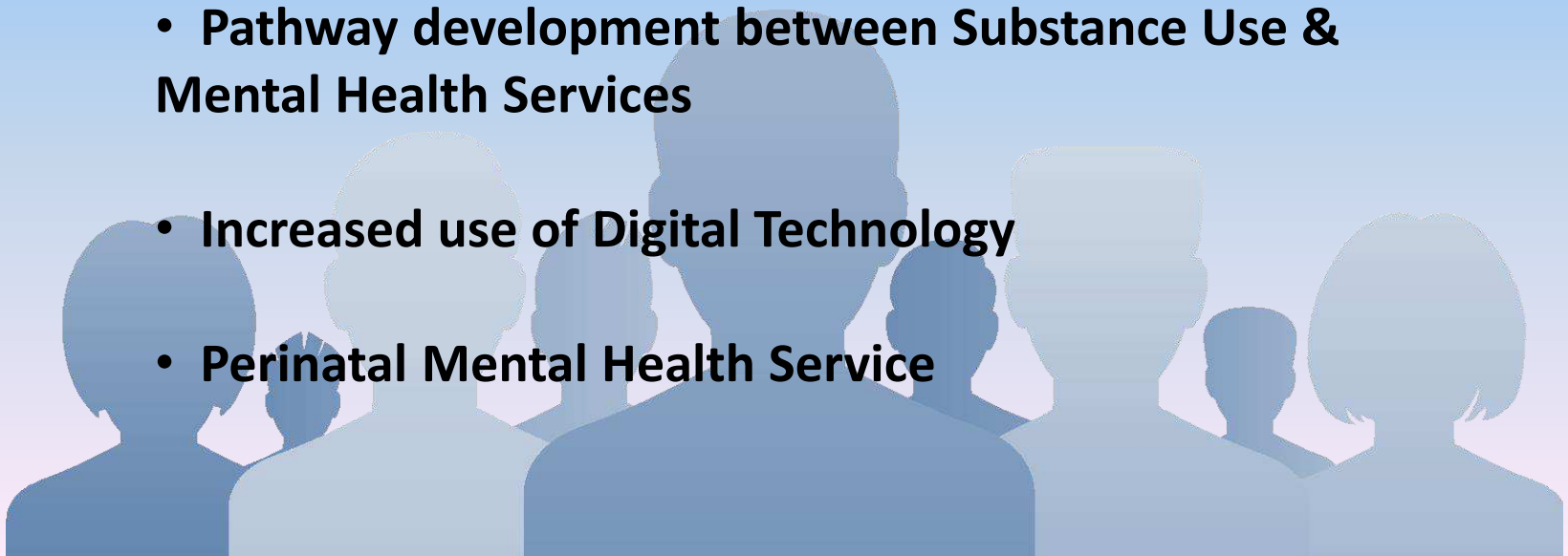
Key Themes

- **Good Mental Health for all – Prevention and Early Intervention**
- **Access to Mental Health Services and Support**
- **Co-ordinated Working and Person centred Support**
- **Participation and Engagement**
- **Review of workforce requirements**



Progress to Date

- **Development of Local Mental Health Directory**
- **Suicide Awareness and Prevention Co-ordinator**
- **Enhanced Physical Health Monitoring**
- **Pathway development between Substance Use & Mental Health Services**
- **Increased use of Digital Technology**
- **Perinatal Mental Health Service**



Progress to Date cont

- **Mental Health Advanced Nurse Practitioners**
- **Key Performance Indicators for Local Mental Health**
- **Implementation of Distress Brief Interventions**
- **Localised Crisis Support**
- **Action 15 Investment & increased resource**
- **Local Mental Health service re-design**



Key Challenges

- **Recruitment and Retention of Staff**
- **Winter Pressures and Increased demand**
- **Future Financial Challenges**



Conclusion

Significant progress within the first year. This is in no small part due to the collegiate working between statutory and 3rd sector colleagues. There has also been significant investment within our services. Any risks to future funding streams will be managed through the 2023/24 PKHSCP budget process.

It is apparent that given recent budgetary announcements and the ongoing national difficulties being faced with recruitment and retention, we will see increased pressures upon our collective services. We will continue to work collaboratively to ensure that we deliver the best possible services across Perth & Kinross



Thankyou

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Questions?

