

ACTION 15 – July 2020 summary update

Funding over a four-year period has been provided by the Scottish Government, nationally to enable the mental health workforce to increase by 800 workers, with the Perth and Kinross share to be a minimum of 21.8 new workers by the end of the funding period in March 2022.

Since the commencement of this initiative, funding across Perth and Kinross has been used to introduce the following new workers:

6 x Mental Health Nurses	One attached to each GP cluster to reduce the burden on GP's although it is known that some people want or still need to see a GP. The Mental Health Nurse role provides support and signposts patients to other services depending on the individuals needs such as to 3rd sector counselling services.
3 x Mental Health Workers	Locality based providing assistance to people requiring further support for self-management of symptoms and health behaviour change
0.5 Co-coordinator	Support and mentoring to volunteers for the Chaplaincy based listening service who are based around GP surgeries
2 x Mindspace Counselling	Increase capacity for counselling with a specific remit to increase access to services in rural areas rather than being Perth City centric.
1 x Mental Health Nurse	Aligned to the access team to provide specialist support when triaging referrals and responding to people in crisis
3 x Social Prescribers	Linked to GP practices working with the mental health nurses in each locality. Focus on early intervention and prevention for people with mental health; wellbeing and/or substance use issues using community-based supports.
1 x Creative Community Helper	Supporting creative outlets for those with interests in the arts as well as therapeutic influences for those wishing to maintain or improve their overall health and wellbeing.
1 x Co-ordinator	For the Lighthouse project that supports people in crisis, especially anyone experiencing suicidal thoughts, self-harm or any form of emotional distress.
2 x Occupational Therapists	Based in Perth Prison
1 x Mental Health Specialist	Anchor House 12 months funding for the Neuk for a MH specialist to support the team and Crisis Response.

The financial position at this time can be summarised as follows:-

Financial Year	2018/19	2019/20	2020/21	2021/22
Funding Allocation for the year	300,141	463,807	655,325	873,766
Carried forward budget	0	171,265	238,611	124,521
Total budget	300,141	635,072	893,936	998,287
Actual/Planned expenditure	128,876	396,461	769,415	741,880
Balance held by P&K IJB reserves	171,265	19,256	0	0
Balance held by Scottish Government	0	219,355	124,521	256,407
Total Balance	171,265	238,611	124,521	256,407

Discussions around the balance of allocated funding are being advanced, particularly in light of urgent Covid 19 related proprieties.