

COMMUNITY PAYBACK ORDER ANNUAL REPORT

FINANCIAL YEAR: **2018/19**

LOCAL AUTHORITY: **Perth and Kinross**



Types of unpaid work projects and activities which have been carried out; the total number of unpaid work hours completed during the year; and information and examples that help to demonstrate how communities benefit from unpaid work.

The Unpaid Work Team (UPW) is located at Westbank House which is an extensive site and is shared with the Council plant nurseries in partnership with Perth and Kinross Council Community Greenspace. The UPW team use a partially converted Roads Department shed as a workshop in which they store their outdoor tools and build and repair furniture. This also includes constructing other wooden structures depending on the requirements of the job request. This co-location provides many opportunities for collaborative and partnership working as well as promoting employability opportunities for the people undertaking UPW. The team works closely with the Environment Service and Community Greenspace to ensure towns and villages across Perth and Kinross have their plants and hanging flower baskets delivered timeously and make a significant contribution to this process.

The site at Westbank House has helped promote a culture of inclusion for people in Perth and Kinross to learn new skills and build their social and emotional confidence. It operates on the ethos of a social enterprise and has led to the development of the Westbank Project with the strap-line 'The Growing Place'. This not only refers to horticultural activities but the personal, social and emotional development of those using the site. In essence, the purpose for the UPW Team is about delivering high quality work which is of social benefit to the citizens and communities of Perth and Kinross while:

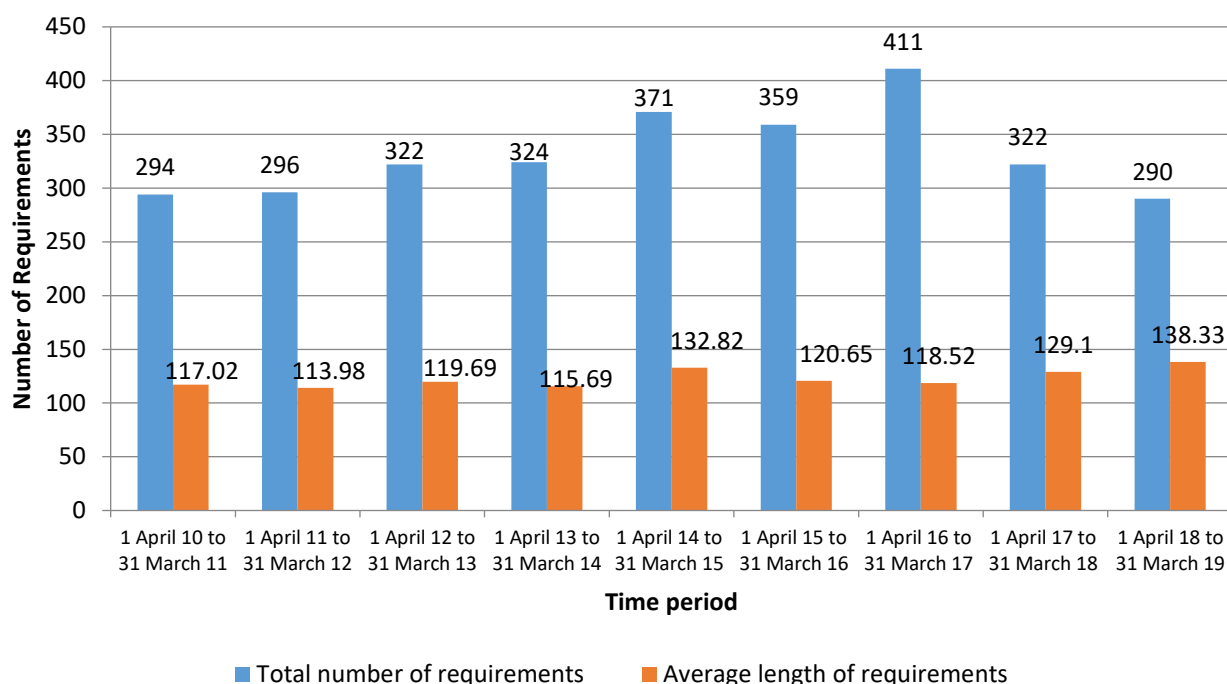
- ensuring we continue to discharge our statutory responsibilities;
- providing a productive environment for clients through purposeful activity;
- supporting and investing in staff to deliver and sustain a quality service;
- working to support and deliver the Westbank vision.

The work delivered by the UPW team spans across the geography of Perth and Kinross and is a highly visible demonstration of the reparation work provided to both urban and rural communities. The activity promotes social inclusion for those who are often marginalised because of their criminal behaviour.

There were 274 Unpaid Work (UPW) Requirements completed in 2018/19 with the total number of unpaid work hours completed amounting to 40,734. These figures demonstrate a decrease which is comparable with the number of UPW Requirements when Community Payback Orders (CPOs) were first introduced in 2010/11. At this time, Probation Orders were continuing to run in parallel with the introduction of CPOs and although the number of UPW Requirement has decreased in this reporting year, the length of the Orders has increased. This trend is reflected across Scotland and it is important we continue to closely monitor this activity. It is particularly salient given the impending legislation relating to the presumption against short term prison sentences (PASS) and the potential impact this may have on service provision for UPW.

The following graph shows the number of UPW requirements and average length of hours imposed by the Court.

New UPW Requirements - Number and Average length (hours)



The activities delivered by the UPW Team through developing a number of capabilities have included the following:

- Ground-clearing and maintenance;
- Garden renovation and landscaping;
- Planting and digging;
- Garden Furniture and raised bed construction;
- Painting and decorating;
- Building and brick work;
- Fencing and dry-stone walling;
- Pointing and cementing;
- Chewing gum and graffiti removal;
- Set and prop building for events;
- Litter picking;
- Growing and cultivation;
- Courses and training;
- Cleaning and power-washing;
- Path building and slab-laying.

Specific activities and publicity for this including community feedback have included the following:

Painting of Abernethy Pavilion

The team have painted many huts, club pavilions and halls across Perth and Kinross over the past few years and the pavilion at Abernethy Pavilion was one of the latest. This was illustrated in the local newspaper, the Perthshire Advertiser which stated the following:

www.perthshireadvertiser.co.uk

12.03.2019 23

Pavilion benefits from payback team

RACHEL CLARK

A Perthshire community pavilion has been given a new lease of life, thanks to the community payback team.

Abernethy Pavilion in the village's Powrie Park has been painted from top to bottom after its Scout leader Gordon Miller, asked for the community payback team to give them a helping hand.

Community payback is often given as a punishment to offenders as a direct alternative to a jail sentence.

A total of 430 man hours over four weeks were spent working on the Abernethy Pavilion.

Scout master Gordon said: "The Abernethy Scout group uses the pavilion, but it is also used by all members of the community.

"In November I contacted the community payback team, which is run by Perth and Kinross Council, to have them come out and paint the pavilion.

"They have done a fantastic job from top to bottom.

"There is no financial gain for them with something like this, and they were very keen to get involved and come out.

"They have been out to Abernethy before to paint the outside of the pavilion three years ago.

"We provided the materials and they carried out the work, so we just needed to buy the brushes and paint."

Gordon says the whole community has been pleased with the

results.

He continued: "We have had some fantastic feedback from the community, because the building is nearly 30 years old and has never had a lick of paint in it.

"And this is all about them paying back to the community.

"We found out about it because the guy who runs the group has a son in the Scouts.

"It didn't phase me at all to ask for their help, because I am a police officer and I have been involved with people from all walks of society.

"For some it is just the luck of the draw and the hand they are dealt with in life, but from a personal point of view they have done a fantastic job in Abernethy."

Arek Nowrotek, manager of the community payback team, added: "The community payback team has offenders directed by the courts to us to do unpaid work.

"This is exactly the type of job we do, painting community halls and Scout halls is one of our run-of-the-mill jobs.

"It was a good job and they did it to a great standard and they were supervised.

"Gordon was very happy with their efforts.

"They are quite keen to do their jobs if they can see the direct benefits to the community."

Arek is keen to find more community groups and organisations the community payback team can lend a hand to.

Those interested in getting some extra help can contact them on westbank@pkc.gov.uk



Grateful The Abernethy (66th Perthshire) Scout Group say thank you to the community payback team for painting Abernethy Pavilion. Photographed are Gordon Miller, leader, Abernethy (66th Perthshire) Scout Group, Megan and Dave from the community payback team, and Charlie Richards, project officer. Picture by staff photographer Richard Wilkins

Perth Symphony Orchestra review

Painting of Clunie Hall

Over three weeks in November and December 2018, the UPW Team re-decorated the interior of Clunie Hall which amounted to over 200 hours of work. The hall is an important

community resource and serves the local communities of Clunie, Essendy, Craigie, Forneth and Snaigow.

The Chair of Clunie Hall Committee said: "The main hall has not been decorated for at least 20 years and it needed refreshing and lightening, especially the 1970's or 80's orange on timber clad walls. We're glad for the help of community payback team, as a group of volunteers we wouldn't have managed without it. We are happy with the high standards of their work, the hall looks much more welcoming now and will be used by local communities for years to come".

Painting Referrals for Vulnerable People

The UPW Team receive numerous referrals from a variety of agencies and services to support vulnerable people by decorating their homes and are in regular discussion with a number of agencies including Women's Aid, Perth and Kinross Rape and Sexual Base Centre (RASAC), housing and social work services and health staff (e.g. Health Visitors).

The Team try and support people and agencies to identify funding where possible, particularly if there is an ongoing need for maintenance. However, where this cannot be done, the Team will assist where possible and the work and materials are provided without charge.

A comment from a grateful recipient: *"To [UPW Supervisor] and all at Criminal Justice.....for all been painting wall an amazing job you all done for me. This has been one of the best weeks I've had for a long time. I have hated this since I moved back in August last year you all have done so much for me....."*

Westbank Work (Employability) Experience



With help from [UPW Project Co-ordinator] a Perth Academy school pupil fabricated a piece of stage equipment (pictured below) which was the device used for switching on Perth's 2018 Christmas Lights in November.

The pupil was thereafter also invited to join Steven Mulhern (host of ITV's Britain's Got More Talent) on stage during the Saturday evening Christmas Lights extravaganza.

Braco Gardening Project

The UPW Team were contacted by **Ardoch Gardening Club** who asked for assistance cleaning the edge of the pavement along the road from Braco to Greenloaning. The Team spent over two weeks clearing the 1.5 mile stretch of footpath which meant that residents of Greenloaning now have safer access to the village shop in Braco. During their work in

the area, the Team also assisted local children with the planting of crocus bulbs by lifting and re-laying the turf for this purpose.

Supporting Cultybraggan

The UPW Team assisted Comrie Development Trust at their Cultybraggan Prisoner Of War (POW) camp site. The work included pruning shrubs and bushes, clearing the area around the main entrance from vegetation and tidying up an overgrown rockery.

An UPW Project Officer who led on the project said:

"It was definitely a good job for the Community Payback Team. Not only did we help to make the site attractive and safe for various community groups that use it, but we also got an opportunity to spark some interest in the history of the place and World War II in general amongst our clients".

The Project and Estate Manager for Comrie Development Trust said:

"Thank you for the outstanding work your teams have put into improving the main entrance of Cultybraggan Camp. We have had very positive feedback from a wide spread of our camp users. The main comments are about how pleasing it is to see the greenspace well kept again, how much easier/safer it is to negotiate turning back out onto the Glen Road as the lines of sight are improved. The roads appear wider and the buildings are more apparent as a result of all the weeds and shrubs removed. Visitors and staff no longer have to wade through a jungle to get to the main office. The work to dismantle the old rockery was no mean feat but undertaken with such enthusiasm by your workers. Everyone was polite and civil, we would highly recommend the teams and hope to have you back again soon! The community groups and camp users at Cultybraggan camp are all extremely grateful, you have all helped many people with your work".



Repairs at Bobbin Mill



Due to concerns about safety and access to fire safety equipment, the UPW Team responded to a request from the Traveller's site at Bobbin Mill at Pitlochry to improve the access to this equipment. They therefore cut back the bushes at the fire point and laid concrete slabs to ensure the safety equipment was visible and more easily accessible to site users.

Supporting Graveyard Maintenance in Perth and Kinross

The UPW Team has formed a productive relationship with the Council's Bereavement Service and local church congregations to support the maintenance of graveyards. In the reporting period the UPW Team have:

- Painted the wrought iron railings and gates at Wellshill Cemetery in Perth;
- Cleared overgrown bushes from the graveyard at Clache in Comrie;
- Repointed the walls at Braco churchyard.

Partnership at Fairview School



The Team have formed a close working relationship with the staff and young people at Fairview School in Perth which caters for children with complex needs. The work includes landscaping, creation of nature paths, clearing overgrown ground, erecting fencing and establishing raised beds. This has transformed the area creating accessible areas to walk, shrubberies as well as a sensory garden and play area for the children and young people.

SOS Bottles

The Perth and Kinross Health and Social Care Partnership approached the UPW Team for support in assembling SOS bottles. This is a voluntary information scheme which provides vital details of any illness or allergy and someone to contact should the emergency services be called to their home. The bottles are stored in people's fridges and contain details of medication which can be accessed, for example by District Nurses and Ambulance staff. The UPW Team has an arrangement with the One-stop Women's Learning Service (OWLS) who work with women on CPOs to assemble the bottles which amounted to nearly 3,500 bottles in 2018/19.



The activity demonstrates women's ability to make positive life changes which enhances social inclusion skills and enables them to participate in activities which demonstrate how

they can practically pay back to the wider community of Perth and Kinross and encourage their sense of belonging.

Decorating Project at Jeanfield Swifts Community Football Club

This has been one of the UPW Team's bigger projects and involved working with a large community based football club. The club is situated in a substantial complex consisting of changing, community and club rooms in the North Muirton area of Perth. The job was divided into two phases to ensure the local community could continue to use the premises as the work progressed. The first phase was completed during this reporting period and included repainting and refurbishing the interior of the club to reflect the Swifts' Club Colours. Approximately 350 boys and girls, mainly from the North Muirton area, will now benefit from this renovation which reflects the pride and value the community have for this resource.



Quotes from people on CPOs and beneficiaries about the impact of the unpaid work on them and/or the community.

Quotes from people who have undertaken UPW:

"Seeing that my efforts were appreciated by the community"

"Learning new things"

"Learned new skills"

"I feel proud to have helped to build a classroom for disabled children"

"Getting back into a routine.... and being motivated"

"Got me out into the community where you can give to other people"

"Helping older people with their gardens"

"That giving back to the community is better for everyone"

"Being encouraged that I have some prospects and use"

"It has made me want to never re-offend"

Quotes from beneficiaries of the services of the UPW Team:

"Just a note to say Thank You on behalf of all the tenants at Servite House Sheltered Housing. You and your team made a huge difference in the garden. It is now looking

fantastic and will be such an appealing place for the tenants to sit in and enjoy during the warmer months.....”

Servite Court Manager

“I just wanted to say, many thanks for the painting of the play park at Fairfield Avenue, it is looking fantastic! Hopefully the children will really get the benefit of it in the better weather!” I really appreciate the work which has gone into this and wanted to pass on my thanks to all involved.”

Kind regards
Housing Officer

“Dear UPW Team Leader,.....please pass on thanks to [X] – everyone felt it was very informative and positive – and I have already decided to have an internal meeting with staff and volunteers to inform and discuss so that this can all be passed on to victims. We were all surprised at the amount of work involved and completed and the variety - you must be kept very busy and certainly seem to be doing a great but difficult job! Don't keep it a secret though - you need an Open Day!!”

Manager
Victim Support Scotland

“Thanks [UPW Supervisor]. Both C and B are really enjoying your course. What they are learning most definitely has given them more confidence. This was demonstrated yesterday whilst working with the tools and equipment making the raised beds at Almondbank House.”

Right Track [Structured Deferred Sentence] Co-ordinator

“Can I thank yourself and [X] for the huge help you gave us at the WebWalk last Tuesday and at Oakbank corner the following Monday. Your clients performed magnificently, worked hard and in a courteous and polite manner. On behalf of Beautiful Perth and all the volunteers can I say a big thank you to your clients. Their help is much appreciated.”

Organiser,
Beautiful Perth

“I would just like to let you know that I was extremely happy with the painting works completed at the above address. The works that was carried out by [UPW Supervisor] and his team was very professional and outstanding. The elderly tenant is very happy to be back home and his property looks amazing! Thanks again.”

Kind regards
Housing Officer

"Today, myself and [Criminal Justice Senior Practitioner] were involved in delivering a talk/presentation on Community Payback to 5th and 6th year pupils at Perth High School, advanced higher. This was arranged through a lady called [MF] who is the Principal teacher in the social science dept.

The talk was on crime and punishment, causes and impact etc...

I used material from the general offending group work programme and from the Unpaid Work induction. Discussion was based on causes of crime (substance abuse for example) and likely outcomes in Court.

[Criminal Justice Senior Practitioner] also participated and she gave an overview on CJS social work.

The talk was very well received with a possible future date discussed."

Many Thanks,
Perth High School

Types of "other activity" carried out as part of the unpaid work or other activity requirement.

Fencing and Joinery Skills

Five people who were doing UPW commenced basic fencing and joinery courses. The Team (pictured below) have begun fabricating a raised woodland walk at the site at Westbank to allow City Centre Primary School pupils to have an outdoor learning experience within the city. The Team also rebuilt a dilapidated fence for a resident in the Letham area to provide those undertaking UPW with a real opportunity to practise and use their new skills thereby supporting their work based learning experience.



Funding was secured from the European Social Fund (ESF) for employability opportunities to deliver these courses. They will be offered to other people undertaking UPW over future months. In an extract from the Westbank Project Newsletter published monthly in Perth and Kinross, the UPW Co-ordinator explains that, "These courses provide skills to help people gain employment and hopefully prevent them from reoffending. In addition, the Team is helping to create a valuable resource at Westbank which will benefit the local community and the outdoor learning space will help children to learn about gardening, Bee-keeping and growing food."

ONside Project



The aim of the Onside Project is to reduce re-offending in Perth and Kinross by improving the wellbeing, social inclusion, health and employability through a variety of modules for those subject to CPOs. This is done through delivery of the following topics:

Employability;
CPR and Defibrillator Training;
Workplace First Aid;
Food Hygiene and Safety;
Work place Health and Safety;
Fitness Training

The Project is delivered in partnership with the UPW team, Community Safety Service and St Johnstone Community Trust. The programme

is run over five weeks with two sessions delivered per week, each lasting two to three hours. The programme was set up in 2017 and given the positive feedback and success of the Pilot, three further programmes were planned for 2018. The course gives the participants skills and knowledge that can be used to gain employment, improve their health and self-worth as well as lessen social isolation. In 2018 the Criminal Justice service commissioned an evaluation of the project which recommended a continuation of the project. It also recognised from the feedback from individuals who have undertaken UPW that the project was helping individuals to value the skills they had learned and support them in planning a more positive future and avoid re-offending. In 2017/18 there were 4 Onside courses held which were attended by twenty one people with the majority completing the full course.

Activities carried out to consult prescribed persons and organisations, pursuant to section 227ZL of the 1995 Act, and wider communities on the nature of unpaid work and other activities and how the consultation results helped determine which projects were undertaken.

The UPW Team has continued to develop its communications plan which has resulted in a significant increase in newspaper and social media articles about the service. This includes the development of the Westbank Project Facebook page and the monthly Project Newsletter which is issued via Outlook each month (see an example from September 2019 in Appendix 1).

The use of these different media to advertise the positive work and community benefits has significantly raised the profile of the UPW Team. This has led to an almost 50% increase in work requests / referrals.

In this reporting year and as part of the communication plan, the Team held a workshop with Victim Support Scotland. This was an opportunity to create links with a service that would not normally engage with one which worked with offenders and was an attempt to

better understand each other's working ethos and address any barriers. The workshop was very productive and allowed each organisation to challenge their respective approaches and dispel some myths around work with both offenders and victims as they often fall into either category. There are plans for this workshop to be held on a recurring basis and will help shape the nature of future referrals.

The UPW Team continues to deliver talks and presentations to Community Councils, Tenants and Residents Associations, school groups, parents groups and elected members across Perth and Kinross. These are designed to keep our communities informed about the work of the UPW Team, garner their views and raise the profile of the community-enhancing work undertaken by the criminal justice service. It fits with the principles of Community Payback with the majority of the public being generally supportive of this activity. Anecdotal feedback supports the nature of the work undertaken which reflects the ethos of pay back and community reparation.

Use by the courts of CPO requirements other than unpaid work, for example what, and in what way, different requirements are being used for those whose offending is driven by drug, alcohol and mental health issues; or how requirements such as programme or conduct are being used to address offending behaviour.

Given the decrease of 11.5% in new Community Payback Orders (CPOs) issued in 2018/19 when compared with 2017/18, it is unsurprising that the overall number of Requirements issued has also decreased over the same time period. For example, the number of Supervision Requirements decreased from 235 in 2017/18 to 198 in 2018/19. When comparing other Requirements, across the same time period, the use of each type of CPO Requirement decreased or remained the same. The only exceptions were Conduct Requirements which increased slightly from 15 to 16 within the reporting period. This has enabled to focus on our approach on earlier intervention measures including, Bail Supervision and Diversion from Prosecution. These options have always been available but can now be more actively promoted.

The supervision by social workers of people on CPOs utilises the accredited Level of Service Case Management Inventory (LSCMI) risk assessment tool as the basis for assessing risk of re-offending and identifying criminogenic need. From this, the case management plan is devised and implemented which is subject to regular review by social work case managers and is the basis of all offending behaviour interventions.

One-Stop Women's Learning Service (OWLS) and CPO Requirements

OWLS was developed for women offenders following the Women's Commission Report in 2012 and provides an intensive and immediate suite of interventions for and with women who have experienced the criminal justice system.

Supervision Requirement – women who receive this Requirement are expected to engage with social work support to address not only their offending behaviour but criminogenic needs. The aim of the intervention is to reduce offending behaviour and enable women to engage in a more positive way with their family and community. A crucial part of this work is supporting women to improve their self-confidence, self-esteem and self-worth.

Interventions are delivered on both an individual and group work basis and after an initial assessment which involves the woman and their keyworker, the areas of work can include the following:

- Drug and alcohol issues;
- Physical / mental health and wellbeing;
- Offending behaviour including personal and victim impact;
- Education / employment opportunities;
- Mentoring;
- Accommodation;
- Finance issues and Welfare Benefits.

Drug and Alcohol Requirement – women who receive this Requirement can access support from local NHS Services including presenting at a Drop-In Assessment Clinic on a Monday morning. Women are supported to engage with these services following a medical assessment before being triaged to the appropriate service. This intervention is supported by the woman's keyworker who will assist with the completion of Relapse Prevention Diaries and Workbooks.

Restriction of Liberty Orders (ROLO) – these have been utilised to ensure women are within their own home or the centre at OWLS during specified periods of time. This flexibility indicates that sentencers are positive about the services provided by OWLS and their approach in supporting women to address the issues which led to their offending.

The Public Protection Team and CPO Requirements:

Programme Requirements

Perth and Kinross Council, in partnership with Dundee City Council, successfully applied to Scottish Government for funding to deliver the Caledonian System to men convicted of domestic abuse. The activity in 2018/19 focused on the planning for the implementation of the programme and the necessary assessment and training of staff both as case managers and as facilitators for programme delivery.

The aim of the Caledonian System is to reduce the re-offending of men convicted of domestic abuse thereby increasing women and children's safety. This is in line with the Scottish Government's three-fold intended outcomes for community based interventions which includes:

- Public protection;
- Reduction of custody;
- Social inclusion of people with convictions.

Working with men, women, young people and children contributes to reducing the likelihood of men re-offending and therefore enhances public protection.

The programme is a focussed intervention with men lasting a minimum of two years comprising pre-group preparation and motivation sessions (14 sessions), a group-work programme (22 sessions), and post-group maintenance until the end of the court order. There is a voluntary service to women who are the victims of the perpetrator's domestically abusive behaviour whether they are the current partner or have experienced, witnessed or

live within an environment of the man's abusive and/or controlling behaviour. There is also a service to support children. In addition, inter-agency protocols have been developed and training opportunities designed to improve women and children's safety and thereby reduce the opportunity for and likelihood of men re-offending.

The integrated approach involves liaison with other agencies and feeding into the assessment processes with the following agencies:

- Police (Domestic Abuse Liaison Officer);
- Children and Families Social Work;
- Women's Aid (non-Caledonian System);
- Multi-Agency Risk Assessment Conference (MARAC);
- Multi-Agency Tasking And Coordination (MATAC);
- Child Protection Case Conference;
- Any other appropriate multi agency risk management meeting.

Given the dispersed nature of communities in Perth and Kinross, drink driving can be an issue which is why we have historically run a Drink Driving Group for people convicted of such offences. It is an eight week group work programme which covers the following topics including the impact of disqualification, alcohol and driving skills, problem solving, decision making, risk taking behaviours, alternative thinking strategies and victim impact/awareness. There have not been sufficient numbers at any one time to run a group however, the programme has been adapted to be delivered on an individual basis by social work staff. The material is currently being reviewed and updated for implementation later in 2019/20.

Moving Forward, Making Changes (MFMC) was implemented in 2014 and is the group work programme for those convicted of sexual offences. All criminal justice social workers are trained to deliver the requirements of this programme in their case management of people who have these convictions and are subject to the programme. They are responsible for overseeing the one to one work which they deliver jointly with a group worker from the Tay Project which is the sex offender group work project based in the criminal justice service in Dundee. A person's suitability for this programme is assessed at the Criminal Justice Social Work Report (CJSWR) stage and is a needs-led assessment. It is informed by accredited risk assessment tools including Stable and Acute 07 (SA07) which is specifically used for those who have committed sexual offences as well as LSCMI. These assessments are also conducted jointly with the Tay Project who deliver the group work element of the MFMC programme.

Any issues affecting access to services which are provided by other partners (e.g. drug and alcohol services) and, where such issues have been identified, what work is underway to resolve them.

Access to Drug and Alcohol services has encountered some challenges in the past few years due to reconfiguration of services. However both Criminal Justice Social Work Service (CJSWS) and the Drug and Alcohol Team are currently working to re-establish a positive and collaborative working relationship. This should improve service provision for recipients of the criminal justice service who have a substance misuse problem and are subject to a Drug and Alcohol Requirement.

There have been barriers to accessing Community Mental Health Services (CMHS) when people subject to CPOs have presented with mental health problems coupled with addiction issues. This can present a number of challenges including long waiting lists for people when a referral is made to CMHS. In addition, treatment is often not available to those who have a personality disorder despite concerns about their mental health and behavioural presentation. In light of these issues, CJSWS is looking at offering OWLS as a venue for women to receive harm reduction support in relation to substance misuse as this is often linked to poor mental health. This is an attempt to find options to address the needs of vulnerable people in a more flexible and diverse manner than traditional service provision.

Any other relevant information, which may include:

- **Examples of any work carried out with people on CPOs to address their offending behaviour but which does not fall into the category of a specific requirement**
- **Examples of work carried out in partnership with the third sector**
- **Areas identified where improvements can be made, i.e. CPO commencement/completion rates**
- **Any other areas identified for improvement and planned next steps**
- **Any other information**

Review of Services for Men in Criminal Justice Social Work

Previous government research into the criminal justice services provided to women and young offenders concluded that services and programmes needed to be individualised to their specific needs to achieve reductions in re-offending and better outcomes for local communities. In light of this research and following the establishment of OWLS for women and the Structured Deferred Sentence approach for 16 to 26 year olds, the Criminal Justice Social Work Service (CJSWS) undertook a review of current service provision for men. The views of a wide cross section of men currently within CJSWS were garnered over a ten week period supported by current research and the identification of good practice models in other local authority areas. In recognition of current research, it led to much discussion about adopting and endorsing a trauma informed approach across the service. On conclusion of our review in March 2019, the service intends to take forward a new approach and model in our work with men which will be developed over the proceeding twelve months. We will identify a part-time project worker with criminal justice experience to undertake the following:

- Take forward the recommendations from the review;
- Develop a mandate and remit for the project;
- Conduct a short test of change to identify learning points.

The results and learning will be incorporated in next year's CPO Annual Report.

OWLS

As previously noted, women in the criminal justice system who may or may not be subject to a statutory Order are all offered support which includes those on:

- CPOs;
- Bail Supervision;
- Diversion from Prosecution;
- Structured Deferred Sentence;
- Throughcare support for those on Licence or a short term prison sentence.

Criminal Justice Social Work Report (CJSWR) interviews for women take place at OWLS which enables this process to be carried out in a safe and more relaxed environment. Following the imposition of a CPO, commencement rates at OWLS are maximised by the Tayside Council on Alcohol (TCA) Mentor who meets with the women following their Court appearance. The purpose of this is to support women to attend OWLS either immediately after Court or at the earliest opportunity when all necessary procedural paperwork is completed.

The service is accessible five days per week which affords women greater flexibility in accessing relevant support and helps maximise the opportunities for them to complete their Order.

OWLS deliver a comprehensive programme of education and activity based interventions utilising a multi-agency partnership approach through collaboration. OWLS aim to offer women a trauma aware space where services are centrally located to provide immediate wrap-around support, confidence building and access to opportunities to become involved in community activities.

Collaborative working with other agencies plays a significant role in ensuring the success of OWLS through supporting women with the following:

- Tayside Domestic Abuse Service (Barnardo's);
- Independent Advocacy Service;
- Counselling (provided by CJSW);
- Rape and Sexual Abuse Centre (RASAC);
- Tayside Counselling Alcohol Women only Mentoring Service;
- Venture Trust;
- NHS Keep Well Nurse;
- Citizen Advice Bureau (CAB);
- Attention Deficit Hyperactivity Disorder Support Service (ADHD);
- Harm Reduction and Blood Borne Virus Service;
- Substance Misuse Services (both social work Drug and Alcohol Service and Tayside Substance Misuse Service).

OWLS provide multi-agency training for staff and women. Those who utilise the facility include statutory agencies, third sector and women with lived experience of the criminal justice system. Training delivered includes:

- Substance Misuse from women service users on substance misuse and alcohol dependency;
- Safe Lives Risk Assessment (Domestic Abuse);
- Dealing with Disclosure (Rape and Sexual Assault / Trauma);
- Stalking and Harassment;
- Drug Awareness including Blood Borne Viruses and Naloxone;
- Court process and procedures (Mapping exercise);

- First Aid Awareness and training;
- Child Protection (including de-mystification of the process);
- Universal Credit (Department of Work and Pensions);
- Alcohol and Drug Partnership (ADP) training
- Welfare Rights.

Continuous improvement underpins OWLS through routine collation of performance information including statistics and service user data. Case studies, audio recordings from women are used to evidence and gauge the quality of service and enables women to chart their life journey and share their experiences. Regular feedback is sought from women who use the service, stakeholders and partner agencies regarding their experience within OWLS and suggested developments. The following comments are examples:

“My experience as an Independent Advocate working with women at OWLS has been very positive.”

“The support and guidance OWLS provide to women facing a variety of challenges and stigma around Criminal Justice and Drug and Alcohol Misuse is vital. Raising self-esteem and self-belief is essential to facilitate the best opportunities for engagement for women who are often in a space where they themselves or their life circumstances are harshly judged by society.”

“OWLS, providing UPW placements at the right time when individuals are ready to engage, enables a much more successful completion of the order.”



Women have been supported to attend local and national events to talk about their lived experiences of the criminal justice system. They have participated in conferences, public awareness sessions and talks as well as the Community Justice Scotland programme, 'Second Chancers'. Women are integral to the management of OWLS and how it functions including being part of the interview process for Peer Mentors in partnership with TCA who provide the mentoring service.

Women from OWLS have also participated in Women Of The World (WOW) Festival where they held a workshop for members of the public about their experiences of the criminal justice system. The session helped challenge some prejudice and stereotypical thinking around offending behaviour.

Women also participated in 'Reclaim the Night' March on 6 December 2018. They provided homemade cakes for participants and carried banners.

Both staff and women from OWLS delivered a talk to students at Edinburgh University about how custodial sentences can have a negative impact on families and communities. They also spoke about the underlying issues of why people offend and how they can be better managed and supported through a collaborative and multi-agency approach in the community as opposed to the detrimental consequences of prison.

Examples of the activities which take place at OWLS:

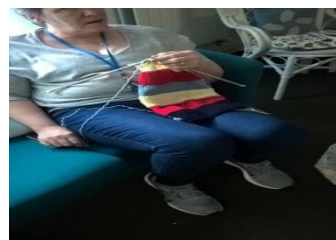
- Therapeutic and Holistic treatments. These include healthy eating and completing “Community Cook It” which is a six week rolling programme which enables women to gain skills and knowledge about diet, hygiene, budgeting and healthy cooking options. This improves their physical and mental wellbeing and that of their family.



- Self-Care Friday. This encourages women to look after themselves and improve their self-care with home-made products which are affordable as well as increasing their self-confidence and self-esteem.

All activities have an underlying theme of social support for women which helps reduce isolation, reinforce positive relationships and cultivate a sense of belonging.

- Cannula sleeves for Perth Royal Infirmary Dementia Ward. Research suggests that people who have Dementia often find occupying their hands with material a helpful way to relieve feelings of anxiety. It is called ‘twiddling’ and can be incorporated into specially-made activity blankets, cushions, aprons, toys, muffs and mitts. OWLS have therefore been involved in making Cannula Sleeves for people with Dementia as illustrated in the photographs below.



Comments from women:

“OWLS is a life saver”

“I am a better person, I have confidence, I like who I am “

“For the first time I feel I have a future with goals”

Quotes from CPO Reviews at OWLS (female):

“M states that she has a good relationship with J (keyworker) and the OWLS staff and feels that she can speak honestly and not be judged”.

“A stated at the start that K (keyworker) has helped her a lot and she finds her easy to talk to. She had previously experiences probation and was able to comment on how more progressive the OWLS approach was.”

“J stated that she has good relationships with the staff at OWLS. Some discussion about voluntary aftercare at the end of J's order. J stated that she finds her supervision is a bit of a "safety blanket" at present and feels that she may wish to continue at OWLS, possibly in a mentoring role.”

Quotes from Public Protection Team – CPO Reviews (male):

“B finds the support useful and knows that he can call S (social worker) when he needs advice. B added that he has a good relationship with S and appreciated the flexibility that both S and B (UPW co-ordinator) used to guide him through his CPO”.

“J feels that T (social worker) is a good support and he finds it useful that he can get in contact with her when he needs advice.”

“I get on well with J (social worker), she listens. There were points when I was feeling down and she was able to pick me up by her comments and thoughts which helped me to think differently about things.”

“P spoke about his anxiety at the start of his order and how this has improved, adding he feels supported by S (social worker) as his supervising officer.”

Counselling

Counselling therapy continues to be provided within the Public Protection Team in criminal justice by a qualified Counsellor. This enables people who require this service to have seamless access to this provision and the flexibility for this to be provided alongside social workers who are addressing the underlying causes of their offending behaviour. This service continues to be an essential component within criminal justice as in some cases it is not possible for people to access this service at the required time.

Right Track

Individuals on Right Track are those who have received a Structured Deferred Sentence and are aged from 16 up to 26 years of age. They are seen weekly for Supervision and some also carry out ‘voluntary’ unpaid work each Tuesday. If they are in employment or at college, there is an alternative arrangement to complete hours in one of the local charity shops. Any completed hours, as well as an assessment of their conduct during these activities is reported back to Court by the Right Track Co-ordinator. The Court may take these completed hours into consideration when imposing a sentence as it helps provide evidence

to the Sheriff of the young person's commitment and willingness to make reparation for their criminal behaviour. It also gives an indication of their likely engagement to address their behaviour.

Young people on Right Track carry out the following activities:

- Removal of graffiti;
- Garden cultivation;
- Litter picking in Perth city;
- Identified types of project work previously signposted for the UPW Team.

Bail Supervision

Bail Supervision is a social work and/or third sector service whereby individuals who would otherwise be held on remand are released on Bail on the condition that they meet with a bail supervisor for a specified number of times per week. The aim of these meetings is to support the individual to comply with the conditions of their Bail and thus avoid being remanded.

We are currently working jointly with Services for Young People @Scott Street to meet this need for young people aged between 16 and 26. We are also linking this service to our provision for young people on Right Track as it fits the same age profile and it an opportunity to expand their knowledge and understanding of available resources to support them.

Diversion from Prosecution

Recently the Crown Prosecution Office and Procurator Fiscal Service (COPFS) have reviewed and updated their procedures in respect of referrals for Diversion from Prosecution. These include people under the age of 18 and not being subject to a Compulsory Supervision Order and where there is a rebuttable presumption that an alternative to prosecution will be in the public interest. Also in cases where an identifiable need has contributed to the offending, active consideration will be given to referring the case for Diversion.

In cases where the accused is over 18 and an identifiable need has contributed to the offending and that need can best be met through Diversion, consideration will be given to referring the case for diversion. A referral for Diversion will be appropriate where it is assessed in all the circumstances, and taking in to account the public interest, that it is the appropriate outcome for the individual.

The CJSWS is keen to promote and support diversion from prosecution and is a topic which remains an item for ongoing discussion with COPFS. With the revised procedures, it is anticipated there will be an increase in the number of people subject to Diversion. It is also likely that they may have additional complexities which is why we will keep this under close review to measure impact and outcomes for the individuals in this process.

COMPLETED BY: Nicola Rogerson

DATE: 31 October 2019

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News from Westbank

westbank
THE GROWING PLACE
PART OF PERTH & KINROSS COUNCIL

September 2019

This is the eleventh edition of the 'News from Westbank' Newsletter, which is all about

Westbank, on Jeanfield Road in Perth - the hub of several projects:

Perth & Kinross Council's [Community Payback Team](#) whose clients utilise a joinery and allotment space.

Westbank Project which is partially funded by the European Social Fund and concentrates on delivering employability services for people latest from the jobs market.

Perth Community Farm where a group of volunteers manage a large allotment space for growing fruit and vegetables.

Perth & Kinross Council's Community Greenspace Team - While most of this Team is based in Pullar House in Perth, the officers who manage the hanging baskets for the City Centre and the officers who look after the parks across Perth and Kinross both have a base at Westbank.

News from the Community Payback Team

Flood Prevention Work in Forgandenny



Overgrown vegetation hiding the Burn

In early September, Community Payback Team clients cleared a severely overgrown section of Folgar del illy Burn (*pc:faed, above*).

They spent almost 50 hours over two days, clearing the river-banks and the gating to help make the area safer from flooding. The photos (*below*) show the area now.



The cleared river-banks and grating

One of the key aims of the Community Payback Team is to help the clients to learn new skills so that they have the best employment opportunities in the future. To keep up-to-date with activities at Westbank, join the [Westbank Project facebook page](#).

Garden Maintenance in Perth

The Community Payback Team clients recently visited a garden in Florence Place in Perth.

The tenant used to be on the Council's garden maintenance scheme but could no longer manage this due to financial difficulties.

She is now able to apply again but her application would not be considered until the grass was cut back.



Front garden - before and after works

The Community Payback Team clients spent a whole day last week getting the garden to a standard that would allow it to be added to the Council's garden maintenance scheme



Back garden - before and after works

To find out more about the Council's Garden Maintenance Scheme for Council tenants, visit the [Council Website](#).

Graffiti Removal along the Lade



Painting over graffiti

If you would like to have graffiti removed from your community's buildings, please email the Safer Communities Team: sct@pkc.gov.uk

Building Beach Volleyball Courts



The Community Payback Team clients built beach volleyball courts at Damhall Tennis Club in Perth in preparation for CEV Small Countries Association competition last weekend.

A timber frame was made (*pictured, above*), sand was added (*pictured, right*) and the volleyball accessories were installed to complete the courts (*pictured, below*).



The task took the best part of a week to complete and the courts are built solidly so that they become a permanent feature in Craigue.

To find out more about beach volleyball and how to get involved in playing the game, visit the Beach Volleyball Scotland [Facebook Page](#).

Westbank Allotments feed Perthshire People

Charlie Richards, Community Payback Project Officer, delivered some of the produce grown by the Community Payback Team clients on our allotment at Westbank.

Staff at Cath House, Anchor House and Giraffe Cafe will be able to feed their clients and customers with tasty organic fruit and vegetables.



Left to right Staff from Cath Day Centre; staff of the Giraffe Café and staff from Anchor House all receiving vegetables

The Community Payback Team clients carry out a range of activities, sometimes based at Westbank and other times out in the community. They operate 7 days a week.

Due to a 50% increase in workload and no additional resource, the Community Payback Team has an ever increasing backlog of approximately 100 jobs. To allow them to catch up there will be fewer referrals accepted between 1st August and 31st October 2019. Normal business will resume after this period though.

[Back to the top](#)

To find out more about any of these Projects, please email

westbank@pkc.gov.uk

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