



## **PERTH & KINROSS INTEGRATION JOINT BOARD**

**26 JUNE 2019**

### **PERTH & KINROSS ALCOHOL & DRUG PARTNERSHIP UPDATE REPORT**

**Report by Clare Mailer, ADP Chair (Report No. G/19/114)**

#### **PURPOSE OF REPORT**

The purpose of this report is to update the IJB on the new national substance use strategy; Rights, Respect & Recovery, the Alcohol Framework 2018, and to provide an update on the redesign of substance use services and the implementation of a Recovery Oriented System Of Care (ROSC) in Perth and Kinross.

## **1. BACKGROUND**

### **1.1 NATIONAL**

#### **MEMORANDUM OF UNDERSTANDING**

- 1.1.1 In 2009, COSLA and Scottish Government agreed a framework on supporting Alcohol and Drug Partnerships. This is currently under review and an updated Memorandum of Understanding will provide a framework to support planning in local areas.
- 1.1.2 Governance and oversight regarding the delivery of the Alcohol and Drug Partnerships (ADP) strategic and financial plans is expected to be provided at Chief Officer Level by the Chief Officers Group, the Integrated Joint Board or the Community Planning Partnership. ADPs have also been advised that a robust relationship is required between the IJB and the ADP to ensure that the direction issued by the IJB delivers the (ADP) strategic plan.

### **1.2. FINANCE**

- 1.2.1 In September 2018, Scottish Government, as part of its “programme for government 2018-19: additional investment in services to reduce problem drug and alcohol use” announced an additional investment of £20m to Alcohol & Drugs Partnerships in Scotland.

- 1.2.2 Of this £20m, Perth & Kinross was allocated £464,188, returning funding to almost pre-2016 levels. A Financial plan for recurring spends and slippage was endorsed by the IJB and submitted to Scottish Government in October 2018. This £464, 188 is in addition to the core £3.6m budget for alcohol & drugs in Perth & Kinross which is managed in partnership by the IJB and ADP.

### **1.3 NATIONAL STRATEGIES**

- 1.3.1 In November 2018 Scottish Government published its new national substance use strategy; Rights Respect & Recovery: Scotland's strategy to improve health by preventing and reducing alcohol and drug use, harm and related deaths. This is a follow up to the 2008 strategy; Road to Recovery, and continues to promote a Public Health approach to problematic substance use in Scotland.
- 1.3.2 The Strategy has four key priorities; Prevention & Early Intervention (of/to problematic drug use); Developing Recovery Orientated Systems of Care (ROSC); Getting it Right for Children & Families, and a Public Health approach to Justice. Its overall vision is;

*“Scotland is a country where “we live long, healthy and active lives regardless of where we come from” and where individuals, families and communities:*

- *have the right to health and life - free from the harms of alcohol and drugs;*
- *are treated with dignity and respect;*
- *are fully supported within communities to find their own type of recovery*

- 1.3.3 The Alcohol Framework 2018 was also published in November 2018. Whilst Rights, Respect & Recovery is a treatment and recovery focussed strategy, the Alcohol Framework has a broader lens and is concerned with changing societal attitudes towards alcohol, using means such as minimum unit pricing and responsible marketing in an effort to reduce consumption of alcohol in Scotland.

### **1.4 LOCAL CONTEXT**

#### **1.4.1 PREVALENCE AND ASSOCIATED HARMS**

Figures produced by ISD suggest that Perth & Kinross has a similar prevalence of drug use amongst adults at 1.6% compared to the overall prevalence rate for Scotland of 1.62%.

#### **Drugs**

- There were 99 drug related Hospital Admissions for Perth and Kinross Residents in 2017/18; approximately 65.5 per 100, 000 population.

- In the same period, total drugs crimes equalled 364 (Inc. possession, cultivation and supply)

### **Alcohol**

- Perth and Kinross is ranked 8th out of 30 local authority areas for alcohol outlet availability in Scotland (6th for on-sales and 23rd for off-sales outlets).
- Alcohol-related hospitalisation rates in the neighbourhoods with the most alcohol outlets were 3.9 times higher than in neighbourhoods with the least.
- Crime rates in the neighbourhoods with the most alcohol outlets were 5 times higher than in neighbourhoods with the least.
- The link between alcohol outlet availability and harm was found even when other possible explanatory factors, such as age, sex, urban/rural status and levels of income deprivation, had been taken into account.
- The most deprived neighbourhoods had 5.8 times the number of alcohol outlets than the least deprived neighbourhoods.
  - All data is Perth & Kinross specific and is available at <https://creshmap.com/shiny/alcoholtobacco/>

#### **1.4.2 ALCOHOL & DRUG PARTNERSHIP**

The Alcohol Drug Partnership (ADP) is a strategic but non-constituted body established to oversee issues around substance use within Perth and Kinross. Activities include governance around alcohol and drugs, implementation of Government policies, implementation of local strategies, performance management, engaging stakeholders and communication with partners and the public. There are four groups within the ADP structure;

- ADP Strategy Group
- ADP Adult Delivery Group
- ADP Children, Young People & Families Group
- ADP Finance & Commissioning Group

The ADP is supported by 1 0.5 WTE Lead Officer and 1 F/T Development Officer and is chaired by Head of Housing in Perth & Kinross. Its membership is diverse, with representatives from Police Scotland, Third Sector, people with lived and living experience of substance use/caring for someone using substances problematically, NHS and Social Work. Plans to expand membership are underway to include a representative from Fire Service, Scottish Ambulance Service and PKC Communities team. Links between the ADP and other Protecting People Partnerships are also in place.

## **2. PROGRESS UPDATE**

- 2.1 As noted within Rights, Respect & Recovery, the development of a Recovery Orientated System of Care (ROSC) is a priority for all ADPs in Scotland and for the Scottish Government. In the previous report to the IJB, the ADP highlighted the five work streams of the redesign that were initiated in late

2017. Strategically, this redesign work sat separately from the core ADP business during the initial planning and redesign stages. Over the past year, these work streams have been rationalised from five to three; Communication & Engagement; OD, Training & Learning, and Process and Performance. All redesign activity now sits within the Adult Delivery Group and/or the Children, Young People & Families Group and is reported to the ADP Strategy Group on a quarterly basis. Having these work streams as core business will ensure a clear and consistent approach to the redesign of the ROSC. The timescale for fully implementing the ROSC is March 2020. It should be noted that the ROSC will continue to evolve after this date as its constituent parts will be monitored and reviewed on an ongoing basis.

- 2.2 The ADP has continued to develop the ROSC in Perth & Kinross over the course of 2018. A Recovery Pipeline has been produced, which details the various recovery support organisations available in Perth & Kinross, as well as community resources that may provide complementary or stand-alone support. Alongside this a workforce development plan has been developed to provide guidance regarding the knowledge base expected for different roles within the pipeline. This work is very much informed by the National Trauma Training Framework and the ADP is working alongside Scottish Government to support the development of a similar framework for Substance Use and Recovery.
- 2.3 A weekly multi-agency “drop-in clinic” was initiated in March 2018. This currently operates from Highland House on a Monday morning. The purpose of the clinic is to support ease of access to services and to ensure that an individual receives the “right support at the right time”. The “clinic” is staffed by statutory and third sector workers from the Social Work Drug & Alcohol Team, Tayside Council on Alcohol and Gowrie Care. Typically, the clinic runs in the morning and the afternoon is used for a multi-agency meeting to review referrals/initial assessments and agree allocation to the most appropriate organisation. This clinic is a test of change and is evaluated on a continual basis to identify improvements. The plan is to roll out a similar model across the three localities in Perth & Kinross. The Social Work Drug & Alcohol team is currently engaged with Scottish Prison Service staff to introduce a similar model within HMP Perth.
- 2.4 It is of note, that this work was undertaken in the context of significant financial pressures as savings were applied directly to ADP budgets by Scottish Government in 2016. The additional investment received at the end of 2018 has provided the ADP with an opportunity to invest across the entire ROSC to address gaps identified in service provision e.g. development of a Recovery Community and support for short term prisoners. Monies have also been used to create additional capacity in existing services to reduce delays e.g. additional staffing for both the Social Work Drug & Alcohol Team and the NHS Substance Misuse Service (including Prisoner Healthcare) as well as additional counselling capacity in Tayside Council on Alcohol. Of particular note, is the investment in peer support, with both peer worker posts and peer advocacy posts being funded by the ADP.

- 2.5 In addition to specific posts, Perth & Kinross ADP has, in partnership with colleagues from the Sexual Health & BBV MCN, made investment in the continued development of our harm reduction and injecting equipment provision, as well as in Recovery activities throughout Perth & Kinross. In taking this wider, strategic and evidence based approach to investment, Perth & Kinross ADP has ensured that each of the four priorities noted within the national strategy has received additional resource. Progress regarding investment is reported to the ADP Finance & Commissioning Group quarterly with twice yearly returns to Scottish Government.

A copy of the ROSC model is contained in appendix 1 which shows the supports available to people with substance use issues in Perth and Kinross. A list of projects funded by the 'new' monies to support the ROSC is shown in appendix 2.

### **3. MAIN ISSUES**

#### **3.1 REVIEW AND REDESIGN OF PATIENT DETOX BEDS AT KINCLAVERN**

The 2018 report to the IJB stated that the model for inpatient detox beds, which service the whole of Tayside, will undergo a redesign. The Health & Social Care Partnership, as the host body for the beds, has responsibility for commissioning this review.

#### **3.2 PERFORMANCE MEASUREMENT**

A dataset has been devised for use by the ADP to measure performance in 6 key domains which are linked to The Quality Principles: Standard Expectations of Care and Support in Drug and Alcohol Services. This dataset has been developed in partnership with key stakeholders and alongside datasets for our neighbours, Dundee and Angus ADPs. A performance management tool and resources to administer it need to be identified to enable its full implementation.

As part of the Partnership Action on Drugs workstream with Scottish Government, the ADP is currently developing, with partners, a self-evaluation framework for ADPs which brings together the Health & Social Care Standards and the Quality Principles to provide a robust framework for self-evaluation as a follow up to the 2016 Supported self-evaluation by the Care Inspectorate.

#### **3.3 DAISy**

ISD are developing a Drug and Alcohol Information System (DAISy) to enable comprehensive, high quality data collection at a local and national level in order to support service delivery, improvement and planning, quality improvement and national policy development. DAISy will collect a variety of information about a service user, including social and demographic information and treatment and recovery data. Data shall be shared with

Service Providers, providing Tier 3 and Tier 4 interventions, which have been commissioned by the council or NHS Board.

The DAISy Data Sharing Agreement requires the signature of a senior responsible officer in the council, NHS Board (and then ISD) and DAISy, as a system will require to be endorsed and promoted by Senior Officers from each of these organisations in order to support implementation and continued use.

### **3.4 ALCOHOL BRIEF INTERVENTIONS**

The provision of Alcohol Brief Interventions (ABI, see Appendix 3) in primary care settings is evidenced to be effective in reducing alcohol consumption among those drinking at harmful levels, particularly. The long-term aim of the ABI programme in Scotland has been to ensure that ABI delivery becomes part of routine practice.

The Scottish Government recently issued guidance and national and local targets for ABI's, encouraging ABI leads to identify any risks to delivery and provide support where necessary. The guidance confirmed that delivery figures for ABI's will remain at 61,081 nationally with the local target for Tayside remaining at 4,758. The ABI standard for 2019/20 states that:

*NHS Boards and their ADP partners will sustain and embed alcohol brief interventions in 3 priority settings (primary care, A&E and antenatal) and broaden delivery in wider settings.*

Performance for Tayside shows a decline placing Tayside as the 5th lowest performer nationally:

- 2015/16 – 142%
- 2016/17 – 114%
- 2018/19 – 88%

A range of improvements are progressing to ensure delivery of the target in the current year. This includes work with the GP / Primary Care Forum, encouraging delivery in settings wider than primary care and research into the situation across Tayside to identify gaps and inform further improvements.

### **3.5 RESPONDING TO OVERDOSE**

An Overdose Prevention plan is currently in development. This is based on the recommendations made within the Tayside Drug Death Report 2017 and highlights the relevance of this agenda to all partners. This plan will be a working document with quarterly updates reported to the ADP and will provide assurance that these recommendations are being put into practice.

In addition to this, a non-fatal overdose pathway is currently in development. It is anticipated (based on pilots in other areas) that this pathway will require joint working between Police Scotland, NHS Tayside, Scottish Ambulance

Service and the Health & Social Care Partnership. The ADP has invested in a fixed term Strategic Development Officer to support this work.

#### **4. CONCLUSION**

##### **It is recommended the IJB**

- Notes progress to date
- Provides endorsement of the DAISy Information system
- Directs host organisations to implement a robust performance management system so information is available to determine the impact of services and supports for people with substance use issues in Perth and Kinross.

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**NOTE:** No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.

**1. BACKGROUND PAPERS/REFERENCES**

**Rights, respect and recovery: alcohol and drug treatment strategy**

**Alcohol Framework 2018**

**The Quality Principles: Standard Expectations of Care and Support in  
Drug and Alcohol Services**

**Health and Social Care Standards: my support, my life**

**Drug Deaths in Tayside, Scotland 2017 Annual Report**

**2. APPENDICES**

*P&K ROSC*

*P&K ADP 'new monies' projects*

*ABI crib sheet*