



PERTH AND KINROSS INTEGRATION JOINT BOARD

15 February 2023

AUTISM / LEARNING DISABILITIES STRATEGIC DELIVERY PLAN UPDATE

**Report by Chief Officer
(Report No. 23/52)**

PURPOSE OF REPORT

This report provides a progress update on the Autism and Learning Disability Strategic Delivery Plan.

1. RECOMMENDATION(S)

It is recommended the IJB:

1. Notes progress to date on the Autism and Learning Disability Strategic Delivery Plan
2. Requests an update in 12 months' time.

2. SITUATION/BACKGROUND / MAIN ISSUES

- 2.1 For nearly three decades the strategic direction in Scotland has been to support people with autism and/or a learning disability to remain in their own homes rather than institutional care. More recently, greater emphasis has been placed on increasing choice in the types of support available and supporting the individual to have more control. The strategy in Perth & Kinross is to enable more people with autism and/or a learning disability living independently in a community setting and to achieve a reduction in the number living in a care home. It was recognised that more needed to be done to achieve this outcome for people with complex needs and the Complex Care Transformation Programme was initiated along with ongoing action plans to support the local implementation of the national autism and learning disability strategies.
- 2.2 The Complex Care Transformation Programme is developing a sustainable model of care that provides high quality support for people with complex care needs. Although the programme primarily supports people with autism and/or

a learning disability, it also supports some people with mental health issues or a physical disability.

2.3 Fincance

Perth & Kinross HSCP is currently undergoing financial planning for the 3 years 2023-26. There continues to be recurring financial pressure within Autism and Learning Disabilities which is driven by an increase in demand and complexity in packages of around £1m per annum. The work being undertaken through the Complex Care Transformation Programme aims to partly mitigate this budget pressure.

3. PROGRESS TO DATE

3.1 SCOPE Team

The SCOPE Team is a multidisciplinary team which provides specialist support for people with autism and/or a learning disability who have complex needs. The team launched on 30 May 2022 with social work, social care staff and health professionals joining the team. A Psychology Assistant joined in August and a Clinical Psychologist in November 2022. A specialist Occupational Therapist, Generic Allied Health Assistant and 3 Outreach Workers are currently being recruited. An Integrated Manager will be in post by March 2023.

- 3.2 The SCOPE Team is currently supporting 310 people who live in a variety of settings across Perth & Kinross and beyond, including those who are transitioning from school into adult life. The team has supported one person to remain in the community who would previously have had to move to a specialist Learning Disability Inpatient Unit. No-one from Perth & Kinross was admitted to a specialist inpatient unit in 2022.

3.3 Independent Living

The Independent Living Panel and SCOPE Team are supporting the local implementation of the Coming Home Report by enabling people with autism and/or a learning disability who are in a long stay hospital and/or are placed outside the area to return to a community setting in Perth & Kinross. The Independent Living Panel identifies supported accommodation for people with additional needs including those with a learning disability and/or autism. The panel has supported the development of Core and Cluster Projects. These provide people with their own tenancies and a team of staff based in a nearby property who provide support as required. The Core and Cluster development in Rattray is now open and has people living there. A further eight which will be operational by 2025/6.

3.4 Learning Disability Day Support Collaborative: “Joining Together for a Good Life”

This is a Scottish Government initiative to improve day services for people with autism and/or a learning disability. Perth & Kinross HSCP is one of four

working with Health Improvement Scotland to progress this. Sixty service users and/or their carers have agreed to participate in conversations with the project team. Following the conversations all the stakeholders will work together to develop redesign options.

3.5 Principles into Practice Project – Universal Pilot

Principles into Practice is a Scottish Government initiative which aims to improve the planning and delivery of support for young people aged between 14 and 25 years who need additional support as they make the transition to adulthood. The HSCP, Perth & Kinross Council's Education and Children's Services and ARC Scotland, which is a Third Sector Organisation that provides support for people with autism and/or a learning disability, are working together to implement Principles into Practice locally. A pilot will begin early 2023 at Breadalbane School with 8 young people and their families.

3.6 Development of a Local Involvement Network

The HSCP, the Perth & Kinross Learning Disabilities Strategy Group and ARC Scotland are implementing a Local Involvement Network. Local Involvement Networks bring supported people together in their local areas to lead change in their services and communities with an aim to improve the lives of people with additional support needs by increasing their ability to shape the decisions that affect their lives.

3.7 Workplace Equality Fund

The fund is administered by Advice Direct Scotland and was set up by Scottish Government with a focus on everyone being able to fulfil their potential in terms of employment, irrespective of any barriers, with the aim to improve Scotland's economic performance.

Monies have been secured from this fund for a two year project to support autistic and neurodivergent people to obtain and retain employment with Perth & Kinross Council. Perth Autism Support, a Third Sector organisation which provides support for children and young people with autism and their families, is working with the HSCP and Perth & Kinross Council to implement this project.

3.8 Health Developments

The Learning Disabilities Health Service undertook an extensive review and redesign of how they deliver services between March 2020 and July 2021. One of the key objectives is to reduce the health inequalities experienced by people with a learning disability. The redesign included streamlining the referral and appointments processes and improving information about the service. The aim is to ensure 80% of all people open to the Learning Disability Health Service receive annual physical and mental health monitoring in accordance with national guidelines. Health monitoring will focus on venepuncture (blood monitoring), ECG where there is a risk of cardiovascular disease, gastrointestinal conditions, blood disorders,

respiratory infections, diabetes, epilepsy, obesity, dementia and mental health issues. All of these are more prevalent conditions for people with a learning disability. Feedback from people using this service has been positive and consideration is being given to rolling it out across Tayside.

4. CONCLUSION

Over the next three years the Autism and Learning Disability Strategy groups will continue working to improve services and supports for people with autism and/or a learning disability. As stated above, a key area for development is improving support for people with autism and/or a learning disability who have complex needs. This is being progressed through the Complex Care Transformation Programme.

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NOTE: No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.

1. IMPLICATIONS, ASSESSMENTS, CONSULTATION AND COMMUNICATION

Strategic Implications	Yes/None
HSCP Strategic Commissioning Plan	Yes
Transformation Programme	Yes
Resource Implications	
Financial	Yes
Workforce	Yes
Assessments	
Equality Impact Assessment	Yes
Risk	Yes
Other assessments (enter here from para 3.3)	Yes
Consultation	
Internal	Yes
External	Yes
Legal & Governance	
Legal	Yes
Clinical/Care/Professional Governance	Yes
Corporate Governance	N/A
Directions	
Communication	
Communications Plan	Yes

1. Strategic Implications

Strategic Commissioning Plan

- 1.1 The Strategic Delivery Plan supports the delivery of the Perth and Kinross Strategic Commissioning Plan in relation to all five deliverables below:

- 1 prevention and early intervention,
- 2 person centred health, care and support
- 3 work together with communities
- 4 inequality, inequity and healthy living
- 5 best use of facilities, people and resources

2. Resource Implications

2.1 Financial

The Learning Disabilities/Autism SDP provides a clearly defined Financial Framework which provides full information on the financial implications of the proposals.

2.2 Workforce

There will be increased numbers of individuals in employment and increased numbers of employers offering employment opportunities. These have been discussed with Employability Network and Employability team.

The SDP outlines in detail a plan to ensure that those who support autistic people in various settings are well trained and informed through ongoing workforce planning for Complex Care Programme.

3. Assessments

3.1 Equality Impact Assessment

Under the Equality Act 2010, PKC and NHS Tayside are required to eliminate discrimination, advance equality of opportunity, and foster good relations between equality groups. Carrying out Equality Impact Assessments for plans and policies allows the HSCP to demonstrate that it is meeting these duties.

This section should reflect that the proposals have been considered under the Corporate Equalities Impact Assessment process (EqIA) with the following outcome:

An EqIA was completed 19 January 2021 for the Complex Care Programme and assessed as relevant.

- (i) Assessed as relevant and the following positive outcomes expected following implementation: Our ambition is to help people to live as independently as possible with as high a quality of life as possible and reduce the reliance on acute health services and institutional care.

3.2 Risk

Risk Profile completed as part of Complex Care Transformation Programme .

3.3 Other assessments

The following headings should be included in the report where relevant:

Measures for Improvement – a list of the measures that will be monitored as part of the implementation of the SDP are included.

Benefit Realisation – details of the benefits articulated as part of Complex Care Programme.

Quality – Quality improvements are highlighted within the SDP and will be part of the Performance Monitoring .

4. Consultation – Patient/Service User first priority

4.1 External

A variety of consultations have been conducted as part of the Complex Care Programme and with Keys To Life (KTL) /Autism and Carers Strategy Groups details can be provided where appropriate.

4.2 Internal

Regular reports have been provided as part of the development of the Complex Care Programme and KTL / Autism and Carer Strategies to the HSCP Integrated Management Team / Executive Management Team / Integrated Joint Board.

4.3 Impact of Recommendation

Over the next three years the Autism and Keys to Life strategy groups will continue to improve services and provide support for people with autism and/or a learning disability. This will be provided through regular reporting to Strategy Groups / Steering Groups / IMT / EMT and IJB.

5. Legal and Governance

- a. The Head of Legal and Governance Services has been consulted through the sharing of the SDP.

The Scottish Strategy for Autism 2018-21, The Keys to Life Strategy 2019-21 and The Coming Home Report have general themes which are reflected throughout policy and legislation which is focused on promoting and protecting people's rights to enable them to live healthy, productive lives. This is underpinned by living independently; fair access to support and treatment at the right time, having access to education and employment opportunities and being able to actively participate in communities which this SDP aims to provide.

- 5.2 The Autism and Keys to Life strategy groups will oversee the SDP and ensure monitored and reported on regularly through the Performance Monitoring process.

6. Directions

N/A

7. Communication

- 7.1 The Communications and Engagement Plan for the Complex Care Programme provides the details of how this change will be implemented.

2. BACKGROUND PAPERS/REFERENCES

This section should list the documents that have been relied on in preparing the report, other than those committee reports already referenced within the main body of the report. All documents must be kept available by the author for inspection by the public for four years from the date of the meeting at which the report is presented.