



Autism & Learning Disability Strategic Delivery Plan 2022-25

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Context

Autism

- Developmental disorder of variable severity that is characterised by difficulty in social interaction and communication and by restricted or repetitive patterns of thought and behaviour

Learning Disability

- Reduced intellectual ability and difficulty with everyday activities. People with a learning disability may take longer to learn and may need support to develop new skills, understand complicated information and interact with other people.

Background

Year	Number of LD clients P and K
2010	685
2020	1,010

Year	Ratio Children Diagnosed with Autism in UK
2000	1 in 150
2021	1 in 57

Demand for Services

250 people with complex needs being supported

Total annual cost just under £24m

Most expensive individual care package £331k pa

Increase of £1m to budget year on year

Approx 100 young people supported each year to move into adulthood

Roughly one in five has complex needs, increasing year on year

Strategic Priorities

- Support people to live independently in the community
- Ensure people have access to all aspects of society
- Ensure people have access to high quality, personalised support when they require it
- Transform support for people with autism and / or a learning disability who have complex needs

Progress to Date

- Development of Small Group Living Units across Perth and Kinross
- Personalised care packages utilising Self Directed Support options
- Day Services transformed into Day Opportunities which provide access to a range of community based learning and leisure activities
- Improved access to health services and development of bespoke services
- Range of services and supports available to support people with autism and their carers
- Specialist services run by Third Sector Organisations including 'One Stop Shop'
- Information made available in Easy Read

Impact

Residential Care

- 83% reduction over past 10 years

Supported Accommodation

- 10% increase over past 10 years

Packages of Care

- 21% increase accessing Option 1 since 2014

Finance

Key Investments

- Transitions from Children's Services
- General Increase in demand for Adult packages
- Complex care Transformation - Psychology posts, Outreach Workers, Overnight Responders, PBS training

Key Disinvestments

- Transformation of Services for those with Complex Needs

Next Steps

- Autism and Keys to Life Strategy Group will continue to improve services and supports
- Key area for development is improving support for complex needs – Complex Care Transformation Programme (6 workstreams)
 - SCOPE
 - Overnight Responder Service
 - Day Opportunities, Respite
 - Transitions
 - Positive Behavioural Support
 - Core and Cluster Models