



Perth and Kinross Integration Joint Board

16 February 2022

Autism/Learning Disability Strategic Delivery Plan

Report by Chief Officer (Report No. G/22/8)

PURPOSE OF REPORT

This cover report provides context for the attached Autism / Learning Disability Strategic Delivery Plan for Perth and Kinross Health and Social Care Partnership.

1. RECOMMENDATION(S)

It is recommended the IJB

1. Approves the Autism / Learning Disability Strategic Delivery Plan
2. Notes progress to date
3. Requests an update in 12 months' time.

2. BACKGROUND

For nearly three decades the strategic direction for health and social care in Scotland has been to support people with autism and/or a learning disability to remain in their own homes rather than institutional care. More recently, greater emphasis has been placed on increasing choice in the types of support available and supporting the individual to have more control.

The Scottish Strategy for Autism 2018-21, The Keys to Life Strategy 2019-21 and The Coming Home Report have general themes which are reflected throughout policy and legislation which is focused on promoting and protecting people's rights to enable them to live healthy, productive lives. This is underpinned by living independently; fair access to support and treatment at the right time, having access to education and employment opportunities and being able to actively participate in communities.

In Perth and Kinross, our ambition is to enable people with autism and/or a learning disability to have the same life chances as the general population, live as independently and healthily as possible with as high a quality of life as possible and reduce reliance on acute health services and institutional care.

Historically, services have often failed to be available early enough to provide the right support to maximise the person's independence. They were often

inflexible and not designed to meet the individual's needs. For people with more complex needs, services have frequently failed to identify and address underlying causes of behavioural issues and, instead, provided large amounts of social care to try and 'manage' behaviours. This often did not support the person to achieve their desired outcomes or provide best value financially.

There has been an increase in the number of people with autism and/or a learning disability living in a community setting and a reduction in the number living in a care home. However, further work is required, especially for people with complex needs.

To address this the Complex Care Transformation Programme was initiated along with ongoing action plans to support the local implementation of the national autism and learning disability strategies.

3. AUTISM/LEARNING DISABILITY STRATEGIC DELIVERY PLAN

In order to meet increasing demand, provide high quality, effective support for people with autism and/or a learning disability and meet the objectives in the Strategic Commissioning Plan (2020-25), Perth and Kinross HSCP will work with clients, carers, partner organisations and other key stakeholders to:

- Support people to live independently in the community
- Ensure people have equal access to all aspects of society
- Ensure people have access to high quality, personalised support when they require it
- Transform support for people with autism and/or a learning disability who have complex needs.

Actions to support people with autism and/or a learning disability have been delivered through The Keys to Life and Autism Strategy Groups around the following priority areas:

The local Keys to Life Strategy for people with a learning disability have the following priority themes:

- Ensure a greater voice for people with learning disabilities in society
- Provide accessible information and early intervention and support to reduce barriers to employment and address health inequalities
- All people with a learning disability have the right to live as independently as possible in their community with personalised support
- Support people with learning disabilities to participate in their communities
- People with learning disabilities are central to, and involved in, their life plans
- Provide access to a greater range of quality 'short breaks'

The Autism Strategy has seven priority areas:

- Strategic Leadership
- Achieving Best Value
- Collaboration and involvement in decision making
- Cross agency working through stronger networks
- High quality diagnosis, intervention and support
- Wider opportunities
- Transformation of support for people with complex care needs.

4. COMPLEX CARE TRANSFORMATION PROGRAMME

Contained within The Strategic Delivery Plan there is reference to the Complex Care Transformation Programme which aims to develop a sustainable model of care that provides high quality support for people with complex care needs. The programme supports people with a Learning Disability, Autism, Mental Health issues and Physical Disabilities who have complex care needs. Our ambition is to help people to live as independently as possible in their own homes and communities, with a good quality life and to reduce the reliance on acute health services and institutional care.

The demand for complex care packages increases by around £1m each year. This is a consequence of the number of young people with disabilities transitioning into adulthood, as well as increases in existing packages due to carers no longer being able to provide the same level of support, or because existing service user's needs increase.

Approximately 100 young people with autism and/or a learning disability are supported each year to move into adulthood. Roughly one in five of these young people has complex needs. The number of young people with complex needs is increasing significantly year on year. In 2012 ten young people with complex needs required support to transition and in 2021 this number had risen to twenty four.

5. FINANCIAL PLAN

The Learning Disabilities/Autism SDP provides a Financial Framework which provides full information on the financial implications of the proposals.

PERFORMANCE FRAMEWORK

6. A high level, outcome focussed Performance Framework has been developed to measure the impact of the Autism/Learning Disability Strategic Delivery Plan. Progress against the outcomes defined will be incorporated within future performance reports to the IJB Audit and Performance Committee from 1st April 2022.

7. CONCLUSION

Over the next three years the Autism and Keys to Life strategy groups will continue to improve services and supports for people with autism and/or a learning disability. As stated above, a key area for development is improving support for people with autism and/or a learning disability who have complex needs which is being addressed through the deliverables outlined in the Complex Care Transformation Programme.

Low level action plans have been developed for the local implementation of the national Autism and Keys to Life strategies. Implementation is monitored by the strategy groups. An action plan has also been developed for the Complex Care Transformation Programme and is monitored by the Complex Care Steering Group.

Progress in respect to delivery of defined SDP outcomes will be monitored via a Performance Management Framework linked to National Health and Wellbeing Outcomes.

Author(s)

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NOTE: No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.

1. IMPLICATIONS, ASSESSMENTS, CONSULTATION AND COMMUNICATION

Strategic Implications	Yes / None
HSCP Strategic Commissioning Plan	YES
Transformation Programme	YES
Resource Implications	
Financial	YES
Workforce	YES
Assessments	
Equality Impact Assessment	YES
Risk	YES
Other assessments (enter here from para 3.3)	YES
Consultation	
External	YES
Internal	YES
Legal & Governance	
Legal	YES
Clinical/Care/Professional Governance	YES
Corporate Governance	N/A
Directions	
Communication	
Communications Plan	YES

1. Strategic Implications

1.1 Strategic Commissioning Plan

The Strategic Delivery Plan supports the delivery of the Perth and Kinross Strategic Commissioning Plan in relation to all five deliverables below:

- 1 *prevention and early intervention,*
- 2 *person centred health, care and support*
- 3 *work together with communities*
- 4 *inequality, inequity and healthy living*
- 5 *best use of facilities, people and resources*

2. Resource Implications

2.1 Financial

The Learning Disabilities/Autism SDP provides a clearly defined Financial Framework which provides full information on the financial implications of the proposals.

2.2 Workforce

There will be increased numbers of individuals in employment and increased numbers of employers offering employment opportunities. These have been discussed with Employability Network and Employability team.

The SDP outlines in detail a plan to ensure that those who support autistic people in various settings are well trained and informed through ongoing workforce planning for Complex Care Programme.

3. **Assessments**

3.1 Equality Impact Assessment

Under the Equality Act 2010, PKC and NHS Tayside is required to eliminate discrimination, advance equality of opportunity, and foster good relations between equality groups. Carrying out Equality Impact Assessments for plans and policies allows the HSCP to demonstrate that it is meeting these duties.

This section should reflect that the proposals have been considered under the Corporate Equalities Impact Assessment process (EqIA) with the following outcome:

An EqIA was completed 19 January 2021 for the Complex Care Programme and assessed as relevant.

- (i) Assessed as **relevant** and the following positive outcomes expected following implementation: Our ambition is to help people to live as independently as possible with as high a quality of life as possible and reduce the reliance on acute health services and institutional care.

3.2 Risk

Risk Profile completed as part of Complex Care Transformation Programme .

3.3 Other assessments

The following headings should be included in the report where relevant:

Measures for Improvement – a list of the measures that will be monitored as part of the implementation of the SDP are included.

Benefit Realisation – details of the benefits articulated as part of Complex Care Programme.

Quality – Quality improvements are highlighted within the SDP and will be part of the Performance Monitoring .

4. Consultation – Patient/Service User first priority

4.1 External

A variety of consultations has been conducted as part of the Complex Care Programme and with KTL/Autism and Carers Strategy Groups details can be provided where appropriate.

4.2 Internal

Regular reports have been provided as part of the development of the Complex Care Programme and KLT / Autism and Carer Strategies to IMT / EMT/ IJB.

4.3 Impact of Recommendation

Over the next three years the Autism and Keys to Life strategy groups will continue to improve services and provide support for people with autism and/or a learning disability. *This will be provided through regular reporting to Strategy Groups / Steering Groups / IMT / EMT and IJB.*

5. Legal and Governance

5.1 The Head of Legal and Governance Services has been consulted through the sharing of the SDP.

The Scottish Strategy for Autism 2018-21, The Keys to Life Strategy 2019-21 and The Coming Home Report have general themes which are reflected throughout policy and legislation which is focused on promoting and protecting people's rights to enable them to live healthy, productive lives. This is underpinned by living independently; fair access to support and treatment at the right time, having access to education and employment opportunities and being able to actively participate in communities which this SDP aims to provide.

5.2 The Autism and Keys to Life strategy groups will oversee the SDP and ensure monitored and reported on regularly through the Performance Monitoring process.

6. Directions N/A

7. Communication

7.1 The Communications and Engagement Plan for the Complex Care Programme provides the details of how this change will be implemented.

8. BACKGROUND PAPERS/REFERENCES

This section should list the documents that have been relied on in preparing the report, other than those committee reports already referenced within the main body of the report. All documents must be kept available by the author for inspection by the public for four years from the date of the meeting at which the report is presented.

9. APPENDICES

Appendix 1 – Autism / LD Strategic Delivery Plan