



## **PERTH AND KINROSS INTEGRATION JOINT BOARD**

**17 December 2019**

### **THE TAYSIDE MENTAL HEALTH ALLIANCE**

**Report by Chief Officer / Director Integrated Health & Social Care  
(Report No. G/19/206)**

#### **PURPOSE OF REPORT**

This report updates Perth and Kinross IJB on the revision to the Memorandum of Understanding that supports the work of the Tayside Mental Health Alliance and provides an update on the Alliance's work.

#### **1. RECOMMENDATION**

It is recommended that the Integration Joint Board;

- approves the revised Memorandum of Understanding
- notes the early progress of the Tayside Mental Health Alliance.

#### **2. INTRODUCTION**

- 2.1 In response to Dr David Strang's input to the September IJB meeting on the progress of his Independent Inquiry and following consideration of a progress report on the Adult Mental Health and Learning Disability Service Redesign Programme, IJB Members requested further updates on the work of the Tayside Mental Health Alliance.
- 2.2 This was recognised as particularly important in ensuring that the focus of our development work extends beyond our bed-based, inpatient services and takes greater account of our ambition to intervene earlier, to keep people well and to support them at home and in their local communities. On 27<sup>th</sup> September 2019, Perth and Kinross IJB *'gave its full commitment to ongoing and end to end transformation of mental health services in Tayside.'*

### **3. GOVERNANCE**

- 3.1 In response to representations received from IJB Members, the Chief Officer and Monitoring Officer have proposed some revision to the Memorandum Of Understanding that had been drafted to support the work of the Tayside Mental Health Alliance. These revisions seek to ensure that the agreed Memorandum of Understanding and the accompanying Terms of Reference more accurately reflect the respective responsibilities of the three IJBs and NHS Board for the planning and delivery of mental health services across Tayside. In doing so, this ensures that the MOU takes full account of each of these Boards governance and decision-making responsibilities in respect of mental health services across Tayside.
- 3.2 Members of the IJB are asked to note and approve the attached revised Memorandum of Understanding and Terms of Reference (Appendix One), which are also being considered by partner boards in anticipation of collective agreement.

### **4. TAYSIDE MENTAL HEALTH ALLIANCE (MHA)**

- 4.1 It is intended that the MHA's work will build on the three HSCP's local Community Mental Health Strategies and support the design and development of effective end-to-end pathways of care. In doing so, key elements of the Scottish Government's National Mental Health Strategy will underpin its work;
- Prevention and early intervention for mental health conditions
  - Improving support during pregnancy and after birth
  - Reforming children and young people's mental health services
  - Improving specialist services for children and young people and adults
  - Taking a 21st century approach to adult mental health
  - Reducing health inequalities
  - Respecting, protecting and fulfilling rights
  - Making suicide prevention everybody's business
- 4.2 The vision for the Tayside Mental Health Alliance is that the people of Tayside will receive the best possible mental health and wellbeing, care and treatment. This includes positive wellbeing and a good quality of life to help prevent mental health problems occurring, and that those with mental ill health will get the respect, support, treatment and care they require to recover without fear of discrimination or stigma.
- 4.3 NHS Tayside and the three Integration Joint Boards are committed to building a mental health and social care system that aims to:
- Strive for equitable health outcomes across our population
  - Support and improve the mental health and wellbeing of people to maximise their independence and health providing the right support at the right time
  - Embed multi-disciplinary team working at the heart of 'seamless' care pathways and providing support for people

- Ensure models of care and services are of high quality, safe, person centred, affordable and sustainable
- Ensure services are planned and delivered with people who have lived experience
- Focus on people, their families and communities keeping them at the centre of everything we do.

## **5. MEMBERSHIP**

5.1 The Tayside Mental Health Alliance currently has representation from the following:

- Dundee HSCP
- Angus HSCP
- Perth & Kinross HSCP
- NHS Tayside
- Public Health
- Primary Care
- Staff Side
- Chief Social Work Officers
- Independent Advocacy
- Dundee Voluntary Action
- Child and Adolescent Mental Health

5.2 The collaborative approach being taken acknowledges that each of the HSCPs have strategic plans in place to support the needs of their local population, but sets up the MHA as the vehicle to connect the whole system of mental health and to identify and prioritise the system-wide elements of work that benefit from a 'once for Tayside' approach. The aim is to work collaboratively with partners to understand the full Tayside landscape and the associated challenges and the opportunities to improve services for people who use mental health and learning disability services

5.3 The MHA has affirmed that further engagement with a wide range of third sector organisations, with carers, service users and wider stakeholders will be progressed through the HSCPs local Strategic Planning Groups.

## **6. INITIAL DELIVERY PRIORITIES**

6.1 The initial priorities for the Tayside Mental Health Alliance are closely aligned to the Health and Social Care Alliance Scotland publication 'Hearing the voices of people with lived experience' (2019) which was an integral part of the Independent Inquiry into Mental Health Services in Tayside.

The key themes highlighted in the report include:

1. Focus on prevention
2. Quicker access to support
3. Building a therapeutic environment
4. A long term recovery approach to services

6.2 Consequently, the MHA has identified the following priority workstreams:

- Workforce
- Community Mental Health and Crisis Care & Home Treatment
- Learning Disability
- Rehabilitation Pathway
- Emotionally Unstable Personality Disorder (EUPD) Pathway

6.3 For each of these areas a design group has been set up, comprising relevant stakeholders including service users and carers. These groups will develop their workplan, progress the work and report back to the MHA, with any necessary decision remitted to the appropriate body in line with our governance arrangements.

#### **Appendix 1: Memorandum of Understanding**

#### **Appendix 2: Terms of Reference**

##### **Author(s)**

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**NOTE:** No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.