



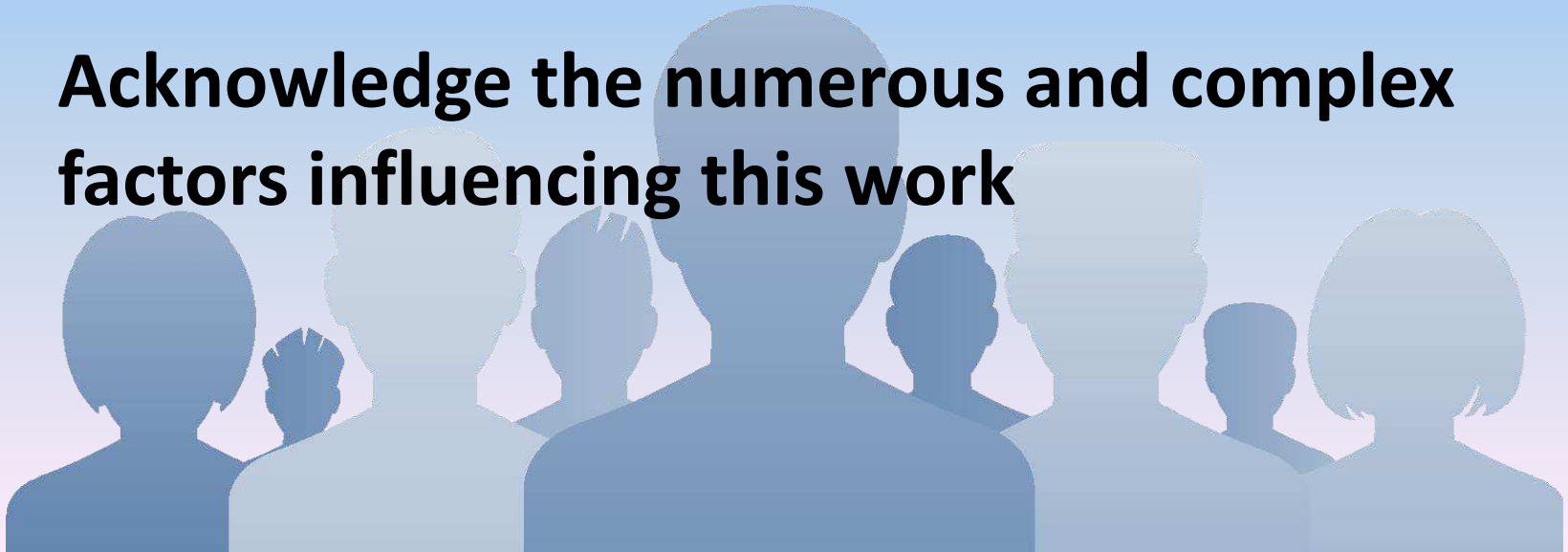
Annual Update Community Mental Health & Wellbeing Strategy

**Chris Lamont
Senior Service Manager – Mental Health**

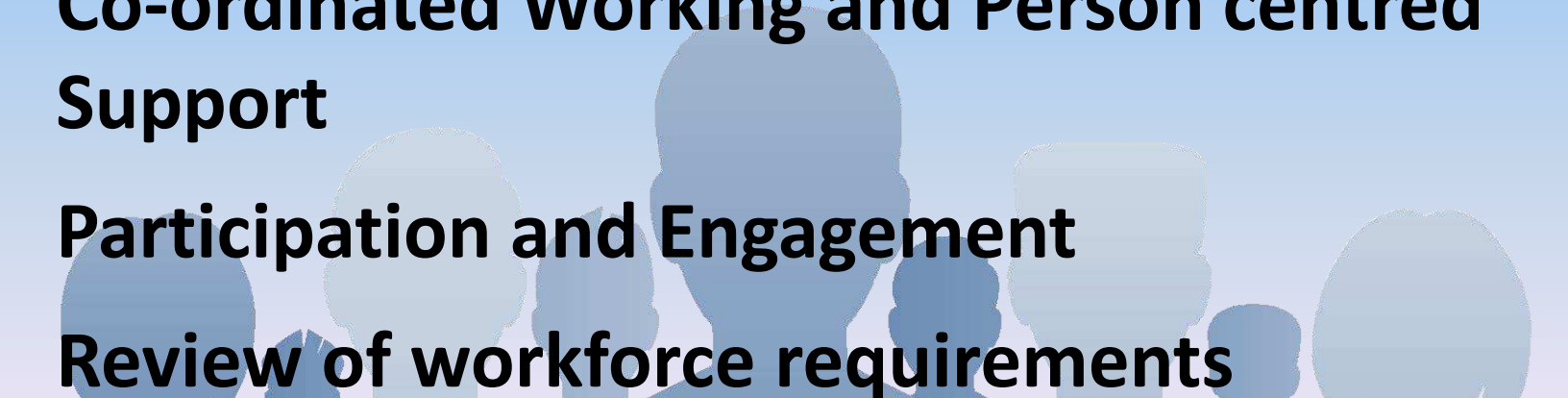


Recommendation

- **Note the local and pan Tayside developments that are being progressed in accordance with our CMHWP Strategy and approve its continuation and direction for year 3.**
- **Acknowledge the numerous and complex factors influencing this work**



Key Themes

- **Good Mental Health for all – Prevention and Early Intervention**
 - **Access to Mental Health Services and Support**
 - **Co-ordinated Working and Person centred Support**
 - **Participation and Engagement**
 - **Review of workforce requirements**
- 
- A graphic at the bottom of the slide shows a group of stylized human silhouettes in various shades of blue and grey, representing a diverse population. The silhouettes are arranged in a cluster, with some overlapping, and are positioned behind the bottom portion of the text.

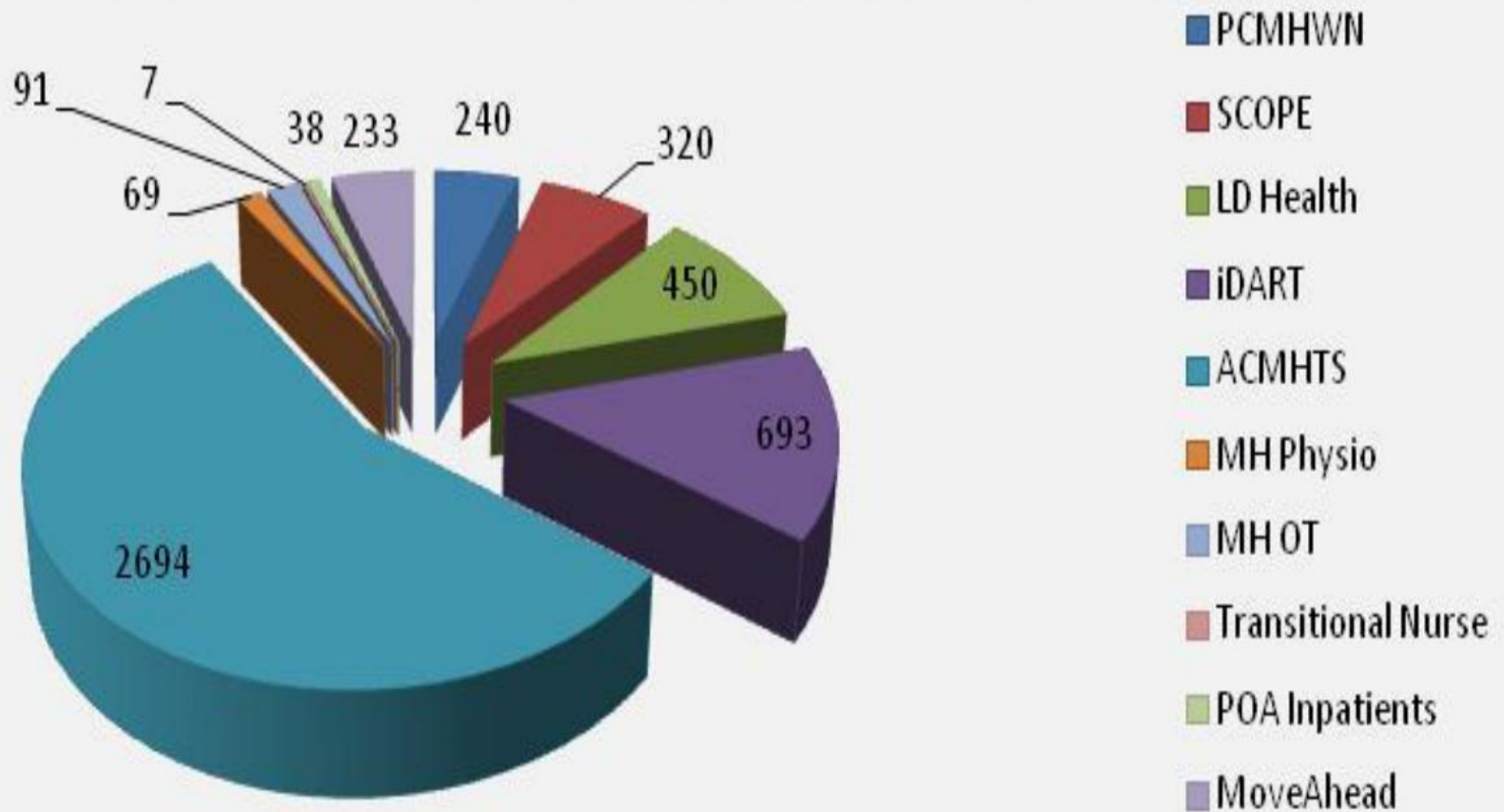
Perth and Kinross Health and Social Care Partnership



Whole systems model (Scottish Government Mental Health and Well-being Strategy 2023)

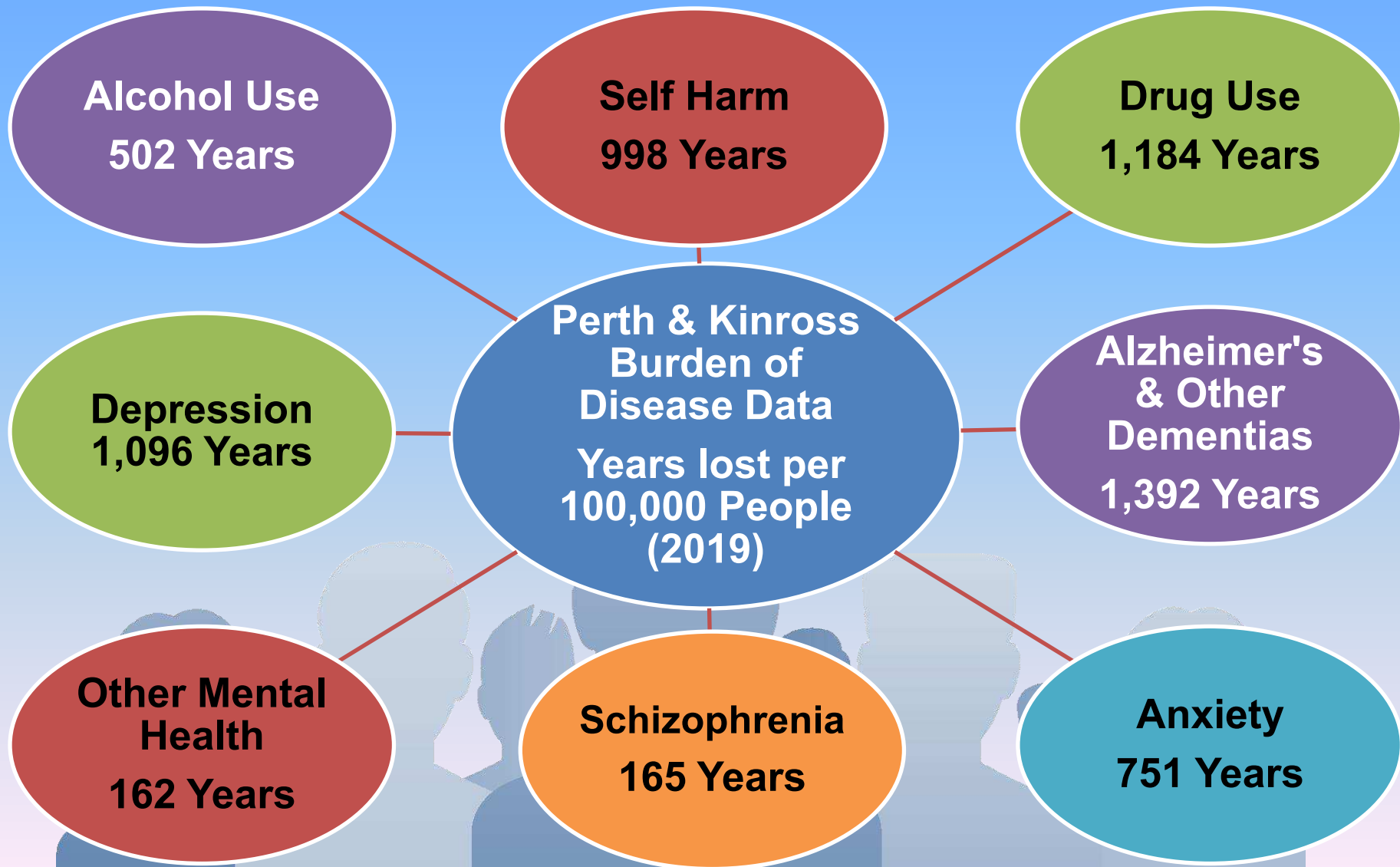
Perth and Kinross Health and Social Care Partnership

Mental Health Services Caseload Numbers

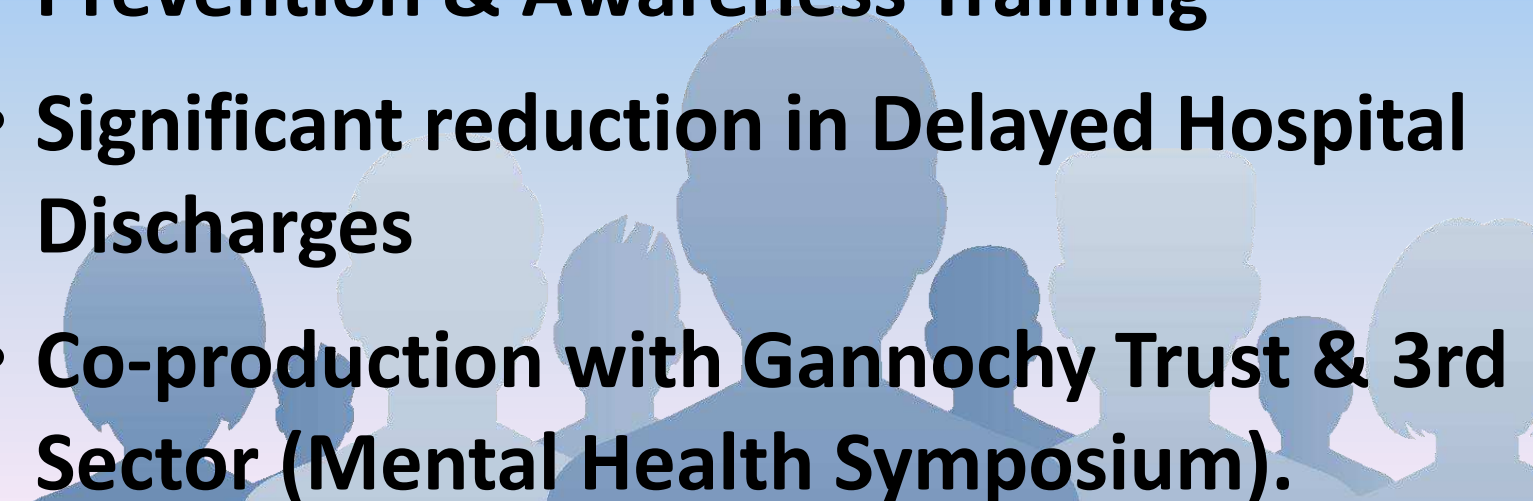


Service Caseload - 4, 835 people

P&K Burden of Disease MH Data



Progress to Date

- **Primary Care Transformation commencing**
 - **Moveahead Service and Health Hub**
 - **Development of Pan Tayside Suicide Prevention & Awareness Training**
 - **Significant reduction in Delayed Hospital Discharges**
 - **Co-production with Gannochy Trust & 3rd Sector (Mental Health Symposium).**
- 

Progress to Date cont

- **ECT & Therapeutics Service**
- **MH Clinical Care Governance Forum and Key Performance Indicators**
- **System wide Collegiate working and support**
- **Workforce Development**



Key Challenges

- **Recruitment and Retention of Staff**
- **Winter Pressures and Increased demand**
- **Tackling our Suicide rates**
- **Future Financial Challenges**



Conclusion

Continued progress throughout the second year of delivery. This is in no small part due to the collegiate working between statutory and 3rd sector colleagues.

The next 12 months will see the development of our Primary Care Mental Health provision, whilst managing the on-going staffing and resource issues being faced at both a local and national level.



Thank you

