## **APPENDIX 1**

## MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

## Perth and Kinross

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is:

Name	Position
Kenny Ogilvy	ADP Vice Chair / Interim Head of Service – Adult Social Work and Social Care/Lead Officer with
	Operational Responsibility for MAT Standards delivery

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: <u>Medication Assisted Treatment standards: access, choice, support published in May 2021.</u>

This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

(Summary of governance arrangements for local oversight)

This plan will be owned by the MATS project manager, reporting to the lead officer or deputy

This plan will monitored, discussed and developed as necessary in conjunction with:

- ADP Strategy group
- ADP adult delivery Group
- P&K lived experience group

Progress against this plan will be reported within P&K integrated authority as necessary, which will include to:

- The Integrated Joint Board
- Health & Social Care Management Team
- Chief Officer's Group

This Plan has been signed off on behalf of the delivery partners by:

Name	Position	Delivery Partner	Date signed
		Perth & Kinross HSCP	
		Perth & Kinross Integrated Joint Board	
		Perth & Kinross Alcohol and Drug Partnership	

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All people accessing services have the option to start MAT from the same day of presentation.

This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.

## April 2022 RAG status

Actions/deliverables to implement standard 1	Timescales to complete
Complete a test of change through IDART at Drumhar Health Centre (Perth City)	December 2022
Gather and analyse results and qualitative feedback to enable the operating model to be further developed as necessary and agreed	Ongoing
Embed the agreed same day prescribing model, developed from the test of change, into Perth City normal operating procedures	March 2023
Develop and embed same day prescribing into rural areas, as necessary and within agreed constraints	March 2023
Develop ongoing reporting procedures of achievement of same day prescribing	March 2023

MAT Standard 2	All people are supported to make an
	informed choice on what medication
	to use for MAT and the appropriate
	dose.

April 2022 RAG status

People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.

Actions/deliverables to implement standard 2	Timescales to complete
Introduce a pathway to offer service users a community-based opiate detox programme	Completed
Develop a pathway to inform and support service users making an informed, and agreed choice, about medication after considering methadone; buprenorphine or buvidal	December 2022
Complete training induction for appropriate new members of staff to enable them to support service users in making informed decisions on their medication	December 2022
Agree source and availability of ongoing funding to support medication options, which may become a constraint of choice for service users	March 2023
Develop a pathway for prescribing for service users transitioning into and out of HMP Perth	Completed
Develop ongoing reporting procedures to reflect service users outcomes on their medication choice	March 2023

MAT Standard 3  April 2022 RAG	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.	offered support to of their drug use.	
status			
Actions/deliverables	to implement standard 3		Timescales to complete
Expand daily IDART staf	f huddle to include identification and monitoring of high-risk in	dividuals	Completed. Ongoing.
Utilise the daily non-fat engage with	al overdose (NFOD) meeting to identify high-risk individuals tha	t IDART should	Completed. Ongoing.
Appoint a non-fatal ove	rdose coordinator to monitor and chair NFOD meetings; review	processes to	Ongoing / in recruitment
identify inconsistencies deemed appropriate to	or opportunities and undertake ongoing data analysis as well a the role	s other activities	process
Engage with, and suppo	ort, the mental health strategy group tasked to redesign the me	ntal health service	To be confirmed, project group
offering so that it is wrapped around primary care, to ensure IDART is appropriate included in the solution			being established
Complete a test of change of a referral pathway between IDART, mental health services and primary care		To be confirmed, project group being established	
Gather and analyse results and qualitative feedback to enable the pathway to be further developed as necessary and agreed		To be confirmed, project group being established	

MAT Standard 4  April 2022 RAG status	All people are offered evidence- based harm reduction at the point of MAT delivery.	needles and syringes, BBV testing, injecting risk asses wound care and naloxone.  They would be able to receive these from a range of princluding their treatment service, and this would not affective.	
A.C. (1.1)		treatment or prescription.	T
	to implement standard 4 t as required, the Tayside wide group tasked w		Timescales to complete  March 2023
the necessary actions to	ensure this standard is achieved		Widi Cii 2023
Validate that the Tayside and manage appropriate	e wide outcomes align to Perth & Kinross need ely	Is and limitations, identify variances	March 2023

MAT Standard 5  April 2022 RAG status	All people will receive support to remain in treatment for as long as requested.	A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be not unplanned discharges. When people do wish to leave treatment, they can discuss this with the service, and the service will provide support to ensure people leave treatment safely.  Treatment services value the treatment they provide to all the people who are in their care. People will be supported to stay treatment especially at times when things are difficult for them		
Actions/deliverables	to implement standard 5		Timescales to complete	
	meetings for IDART service users with their	identified key worker	Completed. Ongoing	
	at the multi-disciplinary meeting for service urts that best provide for the needs of the inc		Completed. Ongoing.	
Develop and implement supports	an onward referral process for service users	from IDART to identified 3 <sup>rd</sup> sector	Completed. Ongoing	

MAT Standard 6  April 2022 RAG status	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.	relationships and so people's recovery. S many people, substated way to cope with different the past. Service to develop positive r	es on the key role that positive cial connection have to play in services recognise that for ances have been used as a ficult emotions and issues ces will aim to support people elationships and new ways of just as important as having
	Actions/deliverables to implement standard 6		
Develop and agree the appropriate deliverables for standard 6 that will be competed no later than April 2024		30 <sup>th</sup> September 2022	

MAT Standard 7  April 2022 RAG status	All people have the option of MAT shared with Primary Care.	People who choose to will be a support through primary care p GPs and community pharmacy on the GP or community pharm treatment service.	roviders. These may include . Care provided would depend
Actions/deliverables	to implement standard 7		Timescales to complete
	appropriate deliverables for standard 7 tha	t will be competed no later than	30 <sup>th</sup> September 2022

MAT Standard 8  April 2022 RAG status	All people have access to independent advocacy and support for housing, welfare and income needs.	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.	
Actions/deliverables	s to implement standard 8		Timescales to complete
	e appropriate deliverables for standard 8 that will be	e competed no later than	30 <sup>th</sup> September 2022

MAT Standard 9	health difficulties can receive mental health care at the point of MAT delivery.  mental health prometric mental health treatment of the point of th		right to ask for support with oblems and to engage in atment while being supported	
April 2022 RAG status		as part of their dr	ug treatment and care.	
Actions/deliverables to implement standard 9			Timescales to complete	
Develop and agree the appropriate deliverables for standard 9 that will be competed no later than April 2024			30 <sup>th</sup> September 2022	

MAT Standard 10  April 2022 RAG status	All people receive trauma informed care.	The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.  The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.	
Actions/deliverables to implement standard 10			Timescales to complete
	appropriate deliverables for standard	10 that will be competed no later	30 <sup>th</sup> September 2022