



## Case Study

### **Catriona's journey to REACH:**

Negative and challenging behaviours leading to adoptive family breakdown

#### **How has REACH helped so far?**

- A strong relationship developed between a Senior Social Care Officer and Catriona. This helped throughout multiple periods of crisis.
- Identification of Speech, Language and Communication Needs which enabled family and professionals to communicate in the best way for Catriona.
- Identification of Autism Spectrum Disorder which helped education partners adapt learning methods.
- One to one support to help improve Catriona's mental health.

#### **A year later...**

- Catriona is settled in her own tenancy
- Catriona has a part-time job and will be attending her second year of college in September.
- Catriona's relationship with her adoptive family has improved although still uncertain at times.
- Catriona has developed links with her birth family which has helped with her identity and understanding of self.



## Case Study

### **Jack's journey to REACH:**

Incidents of violence and aggression at home and school led to family breakdown. Criminal behaviours and poor engagement with education.

#### **How has REACH helped so far?**

- Supported Jack to attain qualifications and attend a college college course to prepare him for an apprenticeship.
- Individual support provided by Speech and Language Therapist and Clinical Psychologist to help Jack regulate his emotions and adapt to challenging circumstances.
- Supported Jack and his family to repair and strengthen their relationships.
- Encouraged pro-social activities such as achieving Duke of Edinburgh Award.

#### **A year later...**

- The relationship between Jack and his family remains strong (even with the challenges of lockdown)
- Jack has ceased his criminal behaviours and has had no contact with the police.
- Jack has successfully completed college course and is preparing to start his apprenticeship.