



Perth and Kinross Integration Joint Board

1 December 2021

PERTH AND KINROSS HSCP DRAFT COMMUNITY MENTAL HEALTH AND WELLBEING STRATEGY 2022-25

**Joint Report by Head of Health and Strategic Lead for Mental Health
(Report No. G/21/146)**

PURPOSE OF REPORT

This report presents the Perth and Kinross Health and Social Care Partnership Draft Community Mental Health & Wellbeing Strategy (CMHWS) to the Integration Joint Board for approval.

1. RECOMMENDATION(S)

It is recommended that the IJB:

- (i) Consider and approve the attached Community Mental Health and Wellbeing Strategy.
- (ii) Following approval above, ask the Chief Officer to issue the necessary Directions to both NHS Tayside and Perth and Kinross Council make the necessary arrangements to deliver services to implement the actions in the Perth and Kinross Health and Social Care Partnership's Community Mental Health and Wellbeing Strategy 2022-2025.

2. SITUATION / BACKGROUND / MAIN ISSUES

This P&K HSCP CMHW Strategy has been developed following extensive consultation and engagement with local stakeholders. It takes into cognisance the Living Life Well Strategy for Tayside as well as other local and national policies pertinent to Mental Health and Wellbeing. The strategy has been overseen by the Mental Health and Wellbeing Strategy Group and the draft strategy has been presented to the Strategic Planning Group whereby feedback and comments were received and incorporated into the document. Perth and Kinross HSCP Executive Management Team have also considered and provided comments on an earlier draft.

3. PROPOSALS

The Proposals within the strategy clearly outline the 5 Key themes that will be actioned over the 3 year legacy of this strategy. These key themes have been prepared following consultation and engagement with key stakeholders and have a corresponding action plan.

Following approval by the IJB, the Chief Officer will issue the necessary Directions to both NHS Tayside and Perth and Kinross Council to deliver the services which will allow implementation of the action plan within the Strategy.

4. CONCLUSION

This Draft Community Mental Health & Wellbeing Strategy 2022-2025, which has been developed following review, engagement and consultations, sets out our commitments to everyone in Perth and Kinross in respect of their mental health and wellbeing.

Author(s)

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Appendices

Appendix 1 – Perth and Kinross Health and Social Care Partnership Draft Community Mental Health & Wellbeing Strategy

NOTE: No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.

1. IMPLICATIONS, ASSESSMENTS, CONSULTATION AND COMMUNICATION

| Strategic Implications | Yes / None |
|--|-------------------|
| HSCP Strategic Commissioning Plan | Yes |
| Transformation Programme | No |
| Resource Implications | |
| Financial | Yes |
| Workforce | Yes |
| Assessments | |
| Equality Impact Assessment | Yes |
| Risk | |
| Other assessments (enter here from para 3.3) | |
| Consultation | |
| External | Yes |
| Internal | Yes |
| Legal & Governance | |
| Legal | N/A |
| Clinical/Care/Professional Governance | Yes |
| Corporate Governance | Yes |
| Directions | Yes |
| Communication | |
| Communications Plan | Yes |

1. Strategic Implications

1.1 Strategic Commissioning Plan

This section should set out how the proposals relate to the delivery of the Perth and Kinross Strategic Commissioning Plan

- 1 *prevention and early intervention,*
- 2 *person centred health, care and support*
- 3 *work together with communities*
- 4 *inequality, inequity and healthy living*
- 5 *best use of facilities, people and resources*

The Mental Health and Wellbeing Strategy has 5 Key themes. Each themes has a corresponding Action plan which directly relates to the Perth and Kinross Strategic Commissioning plan. The 5 Key themes are:

- **Key Theme 1: Good Mental Health for all – Prevention and Early Intervention**
- **Key Theme 2: - Access to Mental Health Services and Support**
- **Key Theme 3: - Coordinated working & Person Centred support**
- **Key Theme 4: - Participation and Engagement**
- **Key Theme 5: Review Of workforce requirements**

2. Resource Implications

2.1 Financial

The Chief Finance Officer must be consulted on all proposals with financial implications. No report with such implications should be presented at a meeting when this has not been done and it should be explicitly stated that the Chief Finance Officer has been consulted, and has indicated agreement with the proposals.

Regular consultation and involvement with the HSCP finance team has been undertaken and a financial framework will be provided incorporating MH spend. Within the strategy there is an overview of current spend across our Mental Health services and also areas that require investment to ensure the success of the strategy.

2.2 Workforce

The Lead for Human Resources and Partnership Representatives must be consulted on all proposals with workforce implications.

All reports should contain adequate workforce information such as workforce planning issues, skill mix, recruitment and retention, training and development issues.

There is currently work being undertaken across both Tayside and Perth and Kinross, exploring the Mental Health workforce provision and how this can be sustained and made more resilient. This work includes a mapping exercise of current staffing resources as well as projected requirements in the future. This is a Key Theme of the Strategy and will be monitored both through the local Mental Health Governance Forum and the P&K Partnership staff forum.

3. Assessments

3.1 Equality Impact Assessment

Under the Equality Act 2010, PKC and NHS Tayside is required to eliminate discrimination, advance equality of opportunity, and foster good relations between equality groups. Carrying out Equality Impact Assessments for plans and policies allows the HSCP to demonstrate that it is meeting these duties.

This section should reflect that the proposals have been considered under the Corporate Equalities Impact Assessment process (EqIA) with the following outcome:

Assessed as relevant previously and the following positive outcomes are expected to continue taking account that there is now an obligation to have due regard to remove inequality of outcomes caused by socio economic disadvantage as well as to comply with other equalities' legislation. It is identified within the strategy that there is a clear

requirement to ensure services are easily accessible without barriers, irrespective of ethnicity, gender, sexual orientation, age or disability.

3.2 Risk

This section should set out the key risks associated with the proposals which have not been addressed elsewhere in the report, including any implications for the corporate risk management process, and also the controls required to mitigate those risks as follows:

Risk Description:

Current Rating of Likelihood

Current Rating of Consequences

Actual control level and main control tools

Target control level

Tolerance control level

3.3 Other assessments

The following headings should be included in the report where relevant:

Measures for Improvement – a list of the measures that will be monitored as part of the implementation of the service change –

The Strategy Action plan will provide measurement of key actions. Updates will be regularly providing to the identified forums/groups as already stated within this report.

Patient Experience – details of how you intend to improve the experience of hospital and community patients and demonstrate a positive impact that will be measurable.

Regular patient feedback will be sought in relation to experience and satisfaction. Learning from any adverse events will continue to be encouraged and feedback from individual services will be shared with MH Governance Group (P&K) and Quality Performance and Review Forum (NHST)

Benefit Realisation – details of the benefits should be noted here.

The strategy document sets out its aims and ambitions of benefiting the communities of Perth and Kinross by ensuring appropriate Mental Health access to services for all. This will put the person at the centre of decisions about their support, treatment, and care, with mental health services working together across all sectors to make sure people can get the right help at the right time.

4. Consultation – Patient/Service User first priority

4.1 External

There has been extensive consultation throughout the planning of this strategy. Consultation with Service Users, Carers and other key stakeholders began in mid 2019 and has continued throughout. Over 300 individuals have participated in feedback sessions and workshops across Perth and Kinross and this has been added to with the feedback received from P&K residents into the Living Life Well Strategy document produced by NHS Tayside.

4.2 Internal

Internally, the strategy document has been shared and consulted upon with the partnerships Mental Health and Wellbeing Strategy Group, the Integrated Management Team (IMT), Strategic Planning Group, Clinical and Care Governance Forum, Executive Management Team (EMT) and Integrated Joint Board (IJB).

4.3 Impact of Recommendation

This section should consider the impact the recommendation or proposal on service users, carers and the third sector. If an impact is identified you should document any engagement that has been/will be undertaken with the public partners.

5. Legal and Governance

5.1 The Head of Legal and Governance Services of Perth and Kinross Council must be consulted on all proposals with legal implications for the IJB. No report with such implications should be presented at a meeting when this has not been done and it should be explicitly stated that the Head of Legal and Governance Services has been consulted. Where appropriate, this section should set out clearly set out the legal basis for the proposals

5.2 This section should also include details of the Governance arrangements in place.

The Strategy will be monitored for progress and updates through the Mental Health and Wellbeing Strategy Group. It will also be a standing item agenda at the Perth and Kinross Mental Health Governance Group as well as regular updates provided to the Perth and Kinross HSCP Clinical Care Governance Forum.

6. Directions

There will be a legal requirement on the IJB to issue Directions to NHST in relation to the contents of this paper.

7. Communication

- 7.1 *Where appropriate, this section should set out the communications which will be undertaken in implementing the proposals, including the key target audiences and the communication methods.*

The Strategy document and associated action plan will be closely monitored and supported through the Mental Health and Wellbeing Strategy Group. This forum will be supported by the Key Themes sub Groups and updates and communications will be provided to EMT and IJB accordingly

8. BACKGROUND PAPERS/REFERENCES

This section should list the documents that have been relied on in preparing the report, other than those committee reports already referenced within the main body of the report. All documents must be kept available by the author for inspection by the public for four years from the date of the meeting at which the report is presented.

9. APPENDICES

This section should list the appendices to the report.

Equality Impact Assessment